

Obesity in America: Consequences and Strategies

William Dietz, MD, PhD, Director of Nutrition, Physical Activity, and Obesity, CDC

Original air date: 11/9/2010

This recorded event provides a short overview of the current status of the obesity epidemic in America before turning to a discussion of the consequences. Dr. Dietz addresses the disease cost, absenteeism, disability and impact of childhood obesity on the adult workforce. Next Dr. Dietz turns to a discussion on target behaviors and priority strategies and explain the current federal, state and local initiatives focusing on obesity. The floor was then opened to the live participants for a question and answer period.

About Our Speaker



William H. Dietz, MD, PhD, is the Director of the Division of Nutrition, Physical Activity, and Obesity at the CDC. Prior to his appointment to the CDC, he was a Professor of Pediatrics at the Tuft's University School of Medicine, and Director of Clinical Nutrition at the Floating Hospital of New England Medical Center Hospitals. He received his medical degree from the University of Pennsylvania in 1970 and a Ph.D. in Nutritional Biochemistry from the Massachusetts Institute of Technology. He is a member of the Institute of Medicine, a recipient of the Holroyd-Sherry award from the American Academy of Pediatrics for his contributions to the field of children and the media, and the recipient of the 2006 Nutrition Research award from the AAP for outstanding research in pediatric nutrition.