



2024 CMO Summit

When Food is Medicine, What is the Physician's Role?

Monday, October 7, 2024 | 9:00 AM – 7:00 PM ET

Renaissance Baltimore Harborplace Hotel, Baltimore, MD

Includes the 2024 HERO Fall Think Tank and HERO Forum24 Opening Panel

- 9:00 AM ET **HERO 2024 Fall Think Tank**
Lifestyle, Environmental, and Pharmacological Interventions for Obesity: How Employers Can Strike the Right Balance with GLP-1s
[Agenda](#)
- 12:20 PM ET **Think Tank Luncheon**
- 1:30 PM ET **HERO Forum24 Opening Panel**
How Trust and Belongingness Affect Organizational Change
Olivia (Mandy) O'Neill, PhD, Associate Professor of Management, George Mason University
Ingrid Nembhard, PhD, MS, Fishman Family President's Distinguished Professor, Professor of Health Care Management, Professor of Management (Organizational Behavior), The Wharton School, University of Pennsylvania
Charles Williams, MD, Chief Medical Officer, Global Medical Services, Lockheed Martin Corporation
Karen Moseley, President and CEO, HERO (Moderator)
- 2:45 PM ET **Break**
- 3:00 PM ET **2024 CMO Summit – Welcome**
When Food is Medicine, What is the Physician's Role?
Karen Moseley, President and CEO, HERO
Sara Johnson, PhD, Senior Research Fellow, Program Director, HERO; Co-President & CEO, ProChange Behavior Solutions, Inc.
- 3:10 PM ET **Keynote**
Kofi Essel, MD, MPH, FAAP, Food as Medicine Program Director, Elevance Health
- 3:55 PM ET **Teaching Kitchens**
David Eisenberg, MD, Director of Culinary Nutrition, Adjunct Associate Professor, Department of Nutrition, Harvard T.H. Chan School of Public Health
- 4:25 PM ET **Break**

- 4:35 PM ET **Expert Panel: Implementing Food Is Medicine**
Dexter Shurney, MD, MBA, MPH, President, Blue Zones Well-Being Institute
Theresa Stone, MD, FACP, Physician, MedStar Health
Ada Peters, JD, Associate, Epstein Becker & Green
Kenji Saito, MD, JD, Global Medical Director, Owens Corning; President and Chief Medical and Science Officer, MedLaw LLC
Jonathan Bonnet, MD, MPH, Clinical Associate Professor (Affiliated), Stanford University School of Medicine; Program Director of Medical Weight Loss Clinical Resource Hub Weight Management Center, Palo Alto Veterans Affairs
- 5:15 PM ET **Dietary Assessment in Clinical Settings: ACLM Diet Screener**
Micaela Karlsen, PhD, MSPH, Senior Director of Research, American College of Lifestyle Medicine; Adjunct Faculty, Master's Programs in Applied Nutrition and Global Public Health, University of New England
- 5:30 PM ET **Group Work: Putting Food Is Medicine into Practice**
- 5:50 PM ET **Closing**
Dexter Shurney, MD, MBA, MPH, President, Blue Zones Well-Being Institute
David Eisenberg, MD, Director of Culinary Nutrition, Adjunct Associate Professor, Department of Nutrition, Harvard T.H. Chan School of Public Health
- 6:00 PM ET **HERO Awards Reception**

2024 CMO Summit and Fall Think Tank Program Director: **Sara Johnson, PhD**
HERO Director of Education and Events, Program Planner: **Ariane Mistral**

Joint Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Society for Adolescent Health and Medicine (SAHM). Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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Professions in scope for this activity are listed below.

Physicians

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