

# **2024 Fall Think Tank**

## *Lifestyle, Environmental, and Pharmacological Interventions for Obesity: How Employers Can Strike the Right Balance with GLP-1s*

Monday, October 7, 2024 | 9:00 AM – 1:30 PM ET | Think Tank Lunch Included Renaissance Baltimore Harborplace Hotel, Baltimore, MD

A HERO Members-Only Event | 3 ADV CHES/MCHES Credits Available

### 9:00 AM ET WELCOME

**Karen Moseley**, President and CEO, HERO **Sara Johnson**, **PhD**, Senior Research Fellow, HERO; Co-President & CEO, Pro-Change Behavior Solutions, Inc.

#### 9:05 AM ET KEYNOTE

**Jonathan Bonnet, MD, MPH,** Clinical Associate Professor (Affiliated), Stanford University School of Medicine; Program Director of Medical Weight Loss Clinical Resource Hub Weight Management Center, Palo Alto Veterans Affairs

- 9:55 AM ET How Employers are Combining Lifestyle as Medicine and Pharmacological Intervention Mary Delaney, MSPT, CWP, Managing Partner, Vital Incite Denise Murphy, Assistant Vice President - Total Rewards, University of Notre Dame Martha Shepherd, DO, MPH, FAAFP, Associate Professor of Clinical Medicine and Pediatrics, Vanderbilt University Medical Center; Medical Director, Vanderbilt Health at Metro Nashville Public Schools David Hines, Executive Director, Benefits, Metro Nashville Public Schools
- 10:40 AM ET Break
- 11:00 AM ET Think Tank Group Work
- 11:20 AM ET Advancing Equity in Lifestyle as Medicine Solutions and Pharmacological Interventions Brandi Hodor, Senior Analytic Advisor, Merative David Eisenberg, MD, Director of Culinary Nutrition, Adjunct Associate Professor, Department of Nutrition, Harvard T.H. Chan School of Public Health
- 12:00 PM ET Think Tank Group Work
- 12:20 PM ET Adjourn Sara Johnson, PhD, Senior Research Fellow, HERO; Co-President & CEO, Pro-Change Behavior Solutions, Inc.

#### 12:30 PM ET Think Tank Lunch

Sponsored by Health Enhancement Research Organization (HERO), a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 3 total Category I contact education contact hours. Maximum advanced-level continuing education contact hours available are 3. Provider ID#101039