



2024 University Summit:

Where You Belong.

Explore Drivers of Belonging for Faculty and Staff in Higher Education

Wednesday, October 9, 2024 | 12:00 PM – 5:00 PM ET

Networking Lunch + Reception* Included

Renaissance Baltimore Harborplace Hotel, Baltimore, Maryland

3.75 ADV CHES/MCHES Credits Available

The 2024 HERO University Summit will explore belonging for faculty and staff within higher education organizations with emphasis on better understanding belonging, the relationship with holistic well-being, and the key drivers that can improve one's sense of being accepted and included by those around them.

12:00 PM ET **University Summit Networking Lunch**

1:00 PM ET **Welcome to the University Summit**

Joni Troester, MA, MBA, Senior Assistant Vice President and Deputy CHRO, University of Iowa; Chair, University Summit Planning Committee; Immediate Past Chair, HERO Board of Directors

1:05 PM ET **Icebreaker Activity**

Erin Litton, MA, NBHWC, MCHES, Senior Director, Well-Being Services, University of Iowa

1:25 PM ET **The Dr. Robert Winfield Memorial Keynote Presentation:**

Discover the Magic of Belonging: Transforming University Workplaces

Kerry Evers, PhD, Co-President and CEO, Pro-Change Behavior Solutions; Chair, HERO Education Committee; Executive Board Member, RI Life Science HUB

Hosted by: Karen Schmidt, MPH, Senior Director of MHealthy and Health and Well-being Services, University of Michigan

2:10 PM ET **Key Influencers of Belonging**

Key Influences on Belonging at Multiple Levels Across a Higher Education Organization

Zhiqing (Albert) Zhou, PhD, Associate Professor, Department of Mental Health, Johns Hopkins Bloomberg School of Public Health

*University Summit Reception takes place on October 8th. [See website for more information.](#)

Addressing the Heart and Soul of Employee Well-Being

Jessica Grossmeier, PhD, MPH, Senior Fellow, Education, HERO; CEO, Jessica Grossmeier Consulting

3:00 PM ET **Break**

3:15 PM ET **“TED Talks”**

Engaging the Hard to Reach

Erin Litton, MA, NBHWC, MCHES, Senior Director, Well-Being Services, University of Iowa

Respect, Inclusion, Compassion in Action: Meeting Basic Needs to Support Employee Well-Being

Alena Williams, LMSW, MHealthy Risk Reduction Services Wellness Program Manager, University of Michigan

AU Connects Facilitators and Their Continuing "Conversations about Inclusion at AU"

Shannon Telenko, PhD, DEI Consultant, Talent Strategies, Office of Human Resources, American University

Supporting Belonging by Enhancing Micro-Experiences

Jesse Gavin, MA, Well-Being Officer, Baylor College of Medicine

4:20 PM ET **“TED Talks” Breakout Sessions**

4:50 PM ET **Key Learnings/Take-Aways**

Kevin Carrington, Senior Vice President, Senior Consultant, and National Higher Education Practice Leader, Segal

Closing Remarks

Karen Moseley, President and CEO, HERO

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