



## **Biometric Health Screening for Employers**

HERO created a study committee to provide guidance to employers related to providing biometric screening events for their employees. As part of this effort, representatives of ACOEM and CCA were invited to participate. We thank our committee co-chairs, Chris Behling and Rebecca Kelly and the committee members and collaborating organizations for their good work.

Employer wellness programs have grown rapidly in recent years with the interest in making an impact on employees' health. Successful programs are delivered through comprehensive solutions that are linked to an organization's business strategy and championed by senior leadership. Successful employee health management programs vary in the services, yet typically include the core components of health risk identification tools, behavior modification programs, educational programs, as well as changes to the workplace environment and culture. The collaborators focused on biometric screenings and this article intends to provide employers and other stakeholders with information and guidance to help implement a successful screening program as part of an overall employee health management approach. This article was published in the October 2013 issue of JOEM.

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