



## **Culture of Health Within the Workplace: Defining, Understanding the Evidence, and Recognizing the Opportunity to Learn More**

This article summarizes a collaborative effort by the HERO Culture of Health Study Committee Research Workgroup to conduct a systematic review of more than 1000 published research studies to determine the extent to which 24 CoH elements identified by a previous HERO workgroup have been studied within the workplace setting. The purpose of the review was to determine if the elements were represented in research to evaluated, achieve, or assess the impact of a health or safety factor.

Of the 24 elements named by the HERO Definitions Workgroup, research studies were identified in association with nearly all of the elements. The most frequently featured elements included communication, policies and procedures, supportive built environment, training and learning, employee involvement and empowerment, and executive leadership.

The review identified several gaps in the published research including the need for more evidence to confirm the 24 CoH elements, strategies, and interventions that effectively drive cultures of health within the workplace.

These findings were published in The Art of Health Promotion section of the November 2017 issue of The American Journal of Health Promotion.

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