



**HERO FORUM**<sup>2023</sup>  
**Doing Well by Doing Good:**  
How Responsible Organizations are  
Addressing Societal Challenges

## **How Does Your Organization Measure Up? Using Assessments to Improve the Health and Well-Being of Your Workforce**

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The HERO Health and Well-being Best Practices Scorecard in Collaboration with Mercer<sup>®</sup> (HERO Scorecard) and the NIOSH Worker Well-Being Questionnaire (WellBQ) enable organizations to obtain both organizational and employee perspectives on their health and well-being initiatives. The HERO Scorecard is a free educational and benchmarking tool designed to help employers evaluate and – by acting on the results – advance their use of best practices in their health and well-being initiatives. The HERO Scorecard continually evolves, and new Best Practice Scores were recently added to evaluate best practices in social determinants of health; diversity, equity, and inclusion; and mental health. The WellBQ was designed to broadly characterize the well-being of workers and inspect specific aspects of worker well-being. HERO has partnered with NIOSH to make the WellBQ easily available on-line and to create the HERO Worker Well-Being Clearinghouse, a database of de-identified individual responses that will be available to participating organizations and researchers. This session will describe how the data obtained from these evidence-based assessments can be used and combined to inform strategic planning for and prioritization of opportunities to implement health and well-being best practices within organizations, as well as to monitor progress over time.

### **Learning Objectives**

After completing this session, participants will be able to:

1. Describe best practices for taking the HERO Health & Well-being Best Practices Scorecard in Collaboration with Mercer<sup>®</sup> (HERO Scorecard).
2. Interpret their total and section scores, as well as their mental health and well-being, SDOH, and DEI best practice scores.
3. Apply their Scorecard results to identify areas of opportunity for their organizations and best practices to address them.

**1.5 CEU (ADV)**

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