

Resources:

- [American Heart Association, Mental Health: A Workforce Crisis](#)
- [One Mind at Work](#)
- [American Psychiatric Association Foundation Center for Workplace Mental Health](#)
- [The Impact of Race on Mental Health and Well-being](#)
- [Psych Hub](#)
- [BIPOC Behavioral Health Resources & Anti-Racist Actions for Allies](#)
- [National Alliance on Mental Illness](#)
- [Mental Health America](#)
- [EEOC: Depression, PTSD & Other Mental Health Conditions in the Workplace: Your Legal Rights](#)
- [CDC](#)
- [Mental Health in the US](#)
- [Stress at Work](#)
- [American Psychological Association](#)

Articles:

- [HERO, Employee Mental Health and Well-being: Emerging Best Practices and Case Study Examples](#)
- [Harvard Business Review, How Employee Assistance Programs Can Help Your Whole Company Address Racism at Work](#)
- [The Hartford News- Employee Benefits: Mental Health Divide: A New Study By The Hartford Finds Employers Think They Have Supportive Workplaces With Flexibility But U.S. Workers Disagree](#)

- [Harvard Business Review, Navigating Mental Health at Work: A Reading List by HBR Editors](#)
- [Forbes, The Essential Role of Mental Health For A Diverse, Inclusive Workplace](#)
- [American Psychological Association](#)
- [APA: Racism, bias, and discrimination resources](#)
- [APA: Workplace issues](#)
- [American Psychiatric Association Foundation Center for Workplace Mental Health](#)

Webinar:

- [Dr. Juliette McClendon, Mental health equity: barriers and solutions](#)