



PRESS RELEASE
(for immediate release)

HERO announces winners of 2021 Health & Well-Being Awards

The annual HERO awards honor dedication and commitment to the advancement of health and well-being.

RALEIGH, NC (October 15, 2021) – The Health Enhancement Research Organization (HERO) recognized outstanding contributions by workplace professionals within the health and well-being industry during the HEROForum21 annual conference. The fully virtual conference held the awards presentations live, with on-demand recording available for viewing after the event, throughout the week of the conference.

Award recipients included: Ray Fabius, MD (**Bill Whitmer Leadership Award**), Rachel Henke, PhD, (**Mark Dundon Research Award**), Joe Kenner, MBA, (**Jerry Noyce Executive Health Champion Award**), Julie Andrews (**Heart of HERO Award**), and Rebecca Orenstein (**Healthy HERO Award**).

“At HERO we are pleased to present awards to these individuals who contribute to their organizations and to the greater good of the employee health and well-being,” said Karen Moseley, HERO President and CEO. “Celebrating these recipients is an honor and we look forward to following their accomplishments in the future.”

About the recipients:

- **Bill Whitmer Leadership Award** Ray Fabius, MD, is the co-founder of HealthNEXT, a leader in building corporate cultures of health and well-being. He has over thirty years of successful business experience in leadership roles as a global physician executive. Dr. Fabius has served in academics, private practice, managed care, the health insurance industry, e-health, corporate health, workplace health, the pharmaceutical industry, and health informatics and analytics. He has garnered medical and business leadership experience in a variety of healthcare management areas including informatics, strategy, operations, network development and oversight, patient management, quality management, disease management, national accounts, occupational medicine, emergency preparedness, worker productivity, wellness and health promotion, travel medicine, e-health content delivery, and data warehousing and analytics. He is the author of five books, including the leading textbook on population health entitled *Population Health: Creating Cultures of Wellness*.

- **Mark Dundon Research Award** Rachel Henke, PhD, is a Senior Director of Research at IBM Watson Health, where she conducts mixed-methods evaluations of employer efforts to support employee health and wellbeing. Dr. Henke also conducts research for federal agencies aiming to improve access and quality of behavioral health care. She is a co-editor of the Knowing Well Being Well section of the *American Journal of Health Promotion* and has authored numerous articles in peer-reviewed journals. Dr. Henke completed a postdoctoral fellowship at the Department of Health Care Policy at Harvard Medical School and has a PhD in health policy from Harvard University. She received her B.A. in biology from Haverford College.
- **Jerry Noyce Executive Health Champion Award** Joseph Kenner, MBA, is President and CEO of Greyston. Greyston's "Open Hire" concept has become a model for other employers to emulate and experience "doing well by doing good." A leader of one of the country's most well-known social enterprises, Joe is a paragon of purpose-driven leadership and a proponent for building a more inclusive economy through employment, workforce development, and social service. Previously, he served as deputy commissioner at the Westchester County (NY) Department of Social Services and spent 14 years in corporate America. Joe's volunteer service to the community includes the Board of Directors of Conscious Capitalism, Inc., the Hudson Valley Economic Development Corporation, the New York City Workforce Investment Board, and is an Advisory Council member of the REDF Impact Investing Fund (RIIF).
- **Heart of HERO Award** Julie Andrews oversees the HP award-winning, global well-being program, Well Beyond. In her role, she is responsible for selecting, managing, and implementing physical, financial and life balance resources for the company's 50,000 employees, across 60+ countries. After joining HP in 2015, she relied on her previous benefit outsourcing experiences to help usher in a new era of well-being for the company, leading the development of the Well Beyond strategy and brand. More recently, with the impact of the COVID-19 pandemic on the HP workforce, Julie immediately responded with mental awareness campaigns, innovative weight management initiatives, and a global wellness challenge. The impact of Julie's efforts has been demonstrated by HP's recognition from Forbes and Healthiest 100.
- **Healthy HERO Award**, sponsored by WorkPartners, a health and productivity solutions company and affiliate of the University of Pittsburgh Medical Center (UPMC) and UPMC Health Plan, recognizes individuals who have improved their overall health and well-being by making a significant lifestyle change. The 2021 Healthy HERO Award recipient is Rebecca Orenstein, Director of Operations for Graduate Medical Education at UPMC. From Rebecca, "During COVID-19, focusing on health and fitness became my main priority. ... I look forward to continuing to prioritize myself and to hopefully inspire others to do the same. I think that we are our best selves at work when we care for ourselves outside of work. I am incredibly honored to be a recipient of the Healthy HERO Award and am committed to role modeling healthy behaviors in the workplace!"

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About HERO – HERO (Health Enhancement Research Organization) is a not-for-profit, 501(c)(3) corporation that was established in 1996. HERO is dedicated to identifying and sharing best practices that improve the health and well-being of employees, their families, and communities. To learn more, visit www.hero-health.org. Follow us on Facebook at facebook.com/heroehm; Twitter [@heroehm](https://twitter.com/heroehm) and on [LinkedIn](#).