



NEWS RELEASE

(For immediate release)

Glorian Sorensen named recipient of the HERO Mark Dundon Research Award

*Award recognizes efforts to enhance and promote research that advances the science
of employee health and well-being*

WACONIA, MN (September 14, 2017) — HERO (the [Health Enhancement Research Organization](#)) announced today that Glorian Sorensen, professor of social and behavioral sciences at the Harvard [T.H. Chan School of Public Health](#), director of the center for community-based research at the [Dana-Farber Cancer Institute](#), and director for the Harvard Chan School's Center for Work, Health & Well-being, has been chosen as the recipient of the [Mark Dundon Research Award](#) for 2017.

The Mark Dundon Research Award recognizes efforts Sorensen has made throughout her career to enhance and promote research that advances the science of employee health and well-being. It is one of the HERO Workplace Health and Well-Being Awards given annually at the [HERO Forum](#) to honor dedication and commitment to the well-being industry, and to acknowledge the outstanding achievements of leaders in the field.

Sorensen's core research focus has been testing the effectiveness of interventions that target individual and organizational change using randomized worksite studies. In particular, Sorensen has studied interventions that target low-income, multi-ethnic workforce populations with a goal to reduce disparities in employee health outcomes, including protection from occupational injuries and illnesses, and promotion of health and well-being.

"Glorian is a recognized leader in conducting and disseminating research that has advanced the science of workplace health and well-being," said [Paul Terry](#), president and CEO of HERO. "She is a pioneer in well-being research, having conducted some of the first randomized, controlled worksite trials that examine occupational health and health behaviors. Glorian's work has helped shape the direction of the well-being industry and her accomplishments make her a natural fit for the Mark Dundon Research Award."

Sorensen's research has covered a wide range of worksite settings, including: small and large workplaces; sites with labor unions; and industries such as manufacturing, construction, health care, social service, and transportation, in the United States and India.

Sorensen also has served more than 30 years in teaching roles at the Harvard T.H. Chan School of Public Health and the University of Massachusetts Medical School. She was

recognized in 2016 with an Excellence in Teaching Continuing Education Award from the Harvard Chan School. She has a long list of major professional service roles with organizations such as the [National Cancer Institute](#), the [Institute of Medicine](#), the [National Institute for Occupational Safety and Health](#), and the [Robert Wood Johnson Foundation](#).

“It is an honor to be recognized for research that demonstrates the power of improvements in the work organization and environment to support worker health, well-being and safety,” said Sorensen. “In the face of evolving changes in the nature of work, and the workforce itself, understanding the role of work in employee health and well-being will become essential to developing and implementing successful initiatives.”

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About HERO – Based in Waconia, MN, HERO (the Health Enhancement Research Organization) is a not-for-profit, 501(c)3 corporation that was established in 1996. HERO is dedicated to identifying and sharing best practices that improve the health and well-being of employees, their families and communities. To learn more, visit www.hero-health.org. Follow us on [Twitter](#) @heroehm or [LinkedIn](#).