

HERO SELECTS WAYNE BURTON, M.D., AS RECIPIENT OF MARK DUNDON RESEARCH AWARD

EDINA, Minn. (Aug. 12, 2015)—HERO (the <u>Health Enhancement Research Organization</u>) announced today that Wayne Burton, M.D., global corporate medical director for American Express, has been chosen as the recipient of the <u>HERO Mark Dundon Research Award</u> for 2015.

"This award recognizes the impact that research experts like Dr. Burton have on our understanding of the connection between employee health and workplace productivity," said <u>Jerry Noyce</u>, <u>president and CEO of HERO</u>. "Dr. Burton has conducted and published an impressive body of research over his more-than-30-year career that has both informed and influenced our evolving industry. His leadership has been key to establishing credibility within the scientific community."

The HERO Mark Dundon Research Award recognizes Dr. Burton's efforts to enhance and promote research that advances the science of employee health management. Dr. Burton has published almost 100 peer-reviewed journal articles and is also highly regarded for his leadership in the American Express global wellness initiative, *Healthy Living*, which serves the organization's 50,000 plus employees.

Dr. Burton has investigated a wide variety of workplace wellness issues such as presenteeism, medication adherence, and productivity related to mental health and other conditions. As a result of his contributions, Dr. Burton has received numerous honors, including: The National Leadership Award from the Central States Occupational and Environmental Medicine Association; SEAK's 50 Most Influential People in Workers' Compensation and Occupational Medicine; The Global Leadership in Corporate Health Award from the National Business Group on Health; and The Innovation Award from the National Mental Health Association.

Dr. Burton is Board Certified in Internal Medicine and is also a Fellow of the American College of Physicians, a Fellow of the American College of Occupational and Environmental Medicine, and a Fellow of the Institute of Medicine of Chicago.

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About HERO – Based in Edina, Minn., HERO (the Health Enhancement Research Organization) is a non-profit corporation dedicated to the creation and dissemination of employee health management research, education, policy, strategy, and leadership. HERO was established in 1996 as a not-for-profit, 501(c)3 corporation to create high quality employee health management (EHM) research, especially that dealing with the impact of modifiable health risks on health care costs. To learn more, visit hero-health.org. Follow us on LinkedIn and Twitter: @heroehm.

For more information:

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