



## Welcome New HERO Members

**Activate Healthcare** transforms health care by activating associates and their families to take charge of their health and organizations to take charge of health care costs. We accomplish this through on-site and near-site Health and Wellness Centers that deliver primary care with the time, tools and dedicated staff to make a difference to each individual; engage participants to take charge of their own health; guide the health care continuum to serve individuals better at lower costs; foster a culture of health to make healthy habits the norm within the workplace; and bring communities together to enable employers of all sizes to benefit from full-time dedicated care.

Learn more at [www.activatehealthcare.com](http://www.activatehealthcare.com)

**Humana Wellness** is a comprehensive line of solutions that meet consumers where they are in their wellness journey. These capabilities form customized programs base on individual needs for enterprise and group clients. With a range of choices and add-ons, Human makes it easy for our customers to build a personalized plan to reach their goals.

Learn more at <https://www.humana.com/>

**Mission Health System**, based in Asheville, North Carolina, is the state's sixth-largest health system and the region's only not-for-profit, independent community hospital system governed and managed exclusively in western North Carolina. Mission Health has been recognized as one of the nation's Top 15 Health Systems 2012-2015 by Truven Health Analytics, formerly Thomson Reuters. Mission Health is the only health system in the nation to receive this recognition four years in a row, and the only health system in North Carolina to achieve Top 15 recognition.

Learn more at [www.mission-health.org](http://www.mission-health.org)

**OnSite Wellness LLC** is a comprehensive health and wellness provider specializing in corporate biometric screenings, health assessments, health counseling and education, and personal health management. We are uniquely dialed in to the needs of the small to mid-sized employer and strive to be the "Provider of Choice" to businesses in this class.

Learn more at [www.onsitewellnessllc.com/](http://www.onsitewellnessllc.com/)

**Optisom** is a clinically based sleep health company. We've created an online/mobile-first comprehensive sleep health platform called ProjectZ. ProjectZ can identify and treat sleep issues using CBT- cognitive behavioral therapy. Addressing sleep issues within the workforce will improve employee productivity, reduce healthcare costs, and reduce accident rates.

Learn more at [www.optisom.com](http://www.optisom.com)

**Prevention Partners**, a nonprofit, that builds healthier communities through a suite of products that guide communities, workplaces, schools, hospitals and clinics to address the leading causes of preventable disease: tobacco use, poor nutrition, physical inactivity and obesity. With expertise in public health and organizational change, we translate the latest prevention science into real-world practices — policies, benefits, and environmental changes. Our technology innovations have created broader access to prevention expertise while collecting unique metrics and setting national benchmarks for organizational health and behavior change.

Learn more at [www.forprevention.org](http://www.forprevention.org)

**Stryker** is a global leader in the medical technology industry head quartered in Kalamazoo, MI. Company growth is based on an unparalleled variety of high-quality, innovative products and services that create cost-effective solutions and improve people's lives – which we achieve through the dedication of our over 25,000 employees globally in 2013. Our Mission: Together with our customer, we are driven to make healthcare better.

Learn more at [www.stryker.com](http://www.stryker.com)

**Washington University in St. Louis** is a medium-sized, independent university located in the nation's center, Washington University is counted among the world's leaders in teaching, research, patient care and service to society. Wellness Connection is an initiative of the Office of Human Resources to promote evidence-based, data-driven wellness programs for faculty, staff, postdoctoral appointees and clinical fellows.

Learn more at <http://wustl.edu/> and <http://wellnessconnection.wustl.edu/>

**Zipongo's** mission is to reduce chronic disease by positively impacting the one thing everyone does: eat. We work with employers, health plans and other wellness partners who want to find easy ways to help their people practice eating habits that produce healthy behaviors and prevent chronic disease. Zipongo's personalized digital platform delivers customized recommendation that enables healthy eating at home and at work. Our aim is to harness the power of data to simply and conveniently help employees get -- and stay -- healthy, happy and productive through better food choices.

### [Interested in Membership?](#)

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