



What Can Business Learn from Higher Ed? Spiritual Well-Being for Diverse Workforces

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Spirituality has long been a dimension in a holistic approach to well-being, but employers have traditionally been reluctant to address it. Higher education organizations tend to lead the way when it comes to implementing evidence-based best practices in workplace and student well-being, including the incorporation of spiritual well-being. This interactive session explores how large state universities have integrated spiritual well-being as part of their holistic and comprehensive approach to well-being. Special attention will be paid to how offerings have been adapted to support an increasingly virtual and hybrid workforce across a dispersed organization.

Learning Objectives

After completing this session, participants will be able to:

- 1. Identify potential programs, services, and resources to support spiritual well-being for a diverse workforce.
- 2. Identify potential measures that assess spiritual well-being needs and demonstrate program impact and value.
- 3. Identify ways to adapt spiritual well-being supports to meet diverse population and business needs.

1 CEU (ADV)

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