



NEWS RELEASE

(For immediate release)

SARA JOHNSON, JESSICA GROSSMEIER NAMED CO-EDITORS OF THE ART & SCIENCE OF HEALTH PROMOTION

South Kingstown, RI and Waconia, MN (February 2, 2017)—Sara Johnson, Ph.D., and Jessica Grossmeier, Ph.D., MPH, have been named co-editors of *The Art & Science of Health Promotion (TAHP)*. *TAHP* is a special section of the *American Journal of Health Promotion (AJHP)*, a leading scientific periodical produced by SAGE for research that advances healthy behaviors and communities. Johnson, who is co-president and CEO of [Pro-Change Behavior Systems, Inc.](#) will share the role with Grossmeier, who is vice president of research of [HERO](#) (the Health Enhancement Research Organization), a non-profit organization dedicated to advancing best practices in health promotion and well-being in the workplace and communities.

Johnson and Grossmeier will succeed Paul Terry, Ph.D., president and CEO of HERO, who recently assumed the role of editor in chief of *AJHP*. *AJHP* regularly covers health promotion research topics, including mental, social, spiritual, and physical health and well-being; and intervention strategies for building healthy workplaces and designing effective behavior change programs.

“We’re excited to embrace the formidable challenge of continuing Paul’s more than five-year tradition of excellence in *TAHP*. He has set a wonderful example for Jessica and I in helping to inform the work of health promotion practitioners nationwide by identifying, curating, and providing brilliant and thought-provoking insight into cutting-edge concepts, authors, and health promotion initiatives,” said Johnson.

The editorial goal of the *AJHP* is to provide a forum for exchange among the many disciplines involved in health promotion and to provide interface between researchers and practitioners. *TAHP* is a special section of *AJHP* that highlights innovative applications of the best practices described in the *AJHP*. It is specifically dedicated to helping practitioners improve the quality of their health promotion initiatives.

“Research and the sharing of best practices is essential to the continued evolution of health and well-being programs,” said Grossmeier. “*TAHP* builds on the peer-reviewed research that is featured in the *AJHP* and delivers real-world guidance to help employers and practitioners create a healthy workplace and community culture that fosters population health, now and in the future.”

About HERO

Based in Waconia, MN, HERO (the Health Enhancement Research Organization) is a not-for-profit, 501(c)3 corporation that was established in 1996. HERO is dedicated to identifying and sharing best practices that improve the health and well-being of employees, their families, and communities. To learn more, visit www.hero-health.org. Follow us on [Twitter](#) @heroehm or [LinkedIn](#).

About SAGE Publishing

Sara Miller McCune founded **SAGE Publishing** in 1965 to support the dissemination of usable knowledge and educate a global community. SAGE is a leading international provider of innovative, high-quality content publishing more than 900 journals and over 800 new books each year, spanning a wide range of subject areas. Our growing selection of library products includes archives, data, case studies, and video. SAGE remains majority owned by our founder and after her lifetime will become owned by a charitable trust that secures the company's continued independence. Principal offices are located in Los Angeles, London, New Delhi, Singapore, Washington DC, and Melbourne. www.sagepublishing.com

About Pro-Change Behavior Systems, Inc.

Pro-Change Behavior Systems, Inc., a certified Women's Business Enterprise, is a research and development company providing wellness partners with computer and coaching-based programs for changing health risk behaviors. Based on the Transtheoretical Model of Behavior Change developed by founder Dr. James O. Prochaska, Pro-Change programs are for entire populations and are uniquely tailored to each individual. Pro-Change programs have produced unprecedented impacts on multiple behaviors to enhance health and reduce health care costs. In 2012, the LifeStyle programs were featured on AHRQ's Innovation Exchange website. In 2014, Pro-Change was awarded Health Information Products (HIP) Certification for Health Appraisals by the National Committee for Quality Assurance (NCQA). For more information about Pro-Change, please visit www.prochange.com.

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