HERO Strategic Plan and Research Agenda - 2018 Update



VISION

All workplaces will positively influence the health and well-being of employees, families, and communities

PURPOSE

Advancing health, well-being and performance through employer/employee leadership

GOALS

RESEARCH PRIORITIES

Increase Collaboration

Build more partnerships with organizations who are also leading in the advancement of employee health. Sustain HERO's smart growth and high HERO Forum participation/satisfaction.

Culture of Health

Exploring the role of employee health and wellbeing (HWB) to influence a workplace culture tha drives business success, including assessing associations between organizational culture, HWB, and business performance.

- 1. Culture of Health Study Committee
- 2 Publication of Definitions & Flements
- 3 Poviow of Published Possarch
- 4 Culture of Health Case Studies
- 5 Engagement Study Committee
- Engagement Environmental Scar
- 7. Culture of Health issue of *The Art of Health Promotion*

Advance Best Practices

Disseminate evidence informed best practices in the workplace that improve health and well-being Publish research and consensus papers.

Increase research in individual level satisfaction with wellness programs.

Sustainability

Understanding how organizations assess and advance workforce health and well-being alongside broader sustainability efforts that positively influence the enterprise, its people, and the surrounding environment.

- Healthy Workplaces, Healthy
 Communities Committee
- Healthy Workplaces Healthy Communities Website
- Sustainability Issue of The Art of Health Promotion
- 4. JOFM article on RWJF study findings

Promote Well-being

Increase workplaces' capacity for promoting well-being and a culture of health. Increase completions of HERO Health and Well-being Best Practices Scorecard in Collaboration with Mercer

Workforce Performance

Identifying health and well-being (HWB) best practices and demonstrating the relationships between workforce HWB efforts, strategic business performance objectives, and individua employee performance.

- Workplace Performance Study Committee
- HERO Scorecard Stock Performance Study (JOEM)
- 3 International HERO Scorecard
- Physical Inactivity Resource
- 5. HERO Scorecard Engagement and Retention Study in progress

VALUES

ACTIVITIES

We Lead Through Collaboration

We Pursue Excellence

We Act with Integrity