

## HERO SUMMER THINK TANK and RESEARCH MEETING AGENDA

## Advancing Systemic Approaches to Mental and Emotional Well-being

## June 6, 2017

8:00	Networking Breakfast
9:00	Welcome & Opening Remarks ■ Dr. Paul Terry, HERO CEO & President ■ Dr. Ron Goetzel, HERO Board of Directors Chair
9:30	<ul> <li>Engaging Leaders to Create a Culture of Caring</li> <li>Dr. Monica Worline, Stanford Center for Compassion and Altruism Research and Education</li> </ul>
10:00	<ul> <li>Employer Panel: Engaging Leaders to Create a Culture of Caring</li> <li>Dr. Mark Linzer, Hennepin County Medical Center</li> <li>Dr. Krystal Sexton, Shell Oil Company</li> </ul>
10:45	Networking Break
11:00	Interactive Discussion Groups and Report Out
12:00	Networking Lunch
1:00	<ul> <li>Employer Panel: Integrative Approaches to Mental and Emotional Well-being</li> <li>Adria Gerber, General Mills, Inc.</li> <li>Michelle Morris, 3M</li> <li>LaVaughn Palma-Davis, University of Michigan</li> <li>Mark Poindexter, Shell Oil Company</li> </ul>
1:45	Interactive Discussion Groups and Report Out
2:45	<ul> <li>Mental and Emotional Well-being Initiatives</li> <li>C. Richard Mattingly, The Luv u Project, Inc</li> <li>Danny Weill on Bell Canada "Let's Talk" consumer initiative</li> </ul>
3:15	Adjourn Meeting, Paul Terry, HERO CEO & President  Networking Happy Hour at 3:30 (shuttles will be provided)