# HPP Business Leader Survey Final Report

Jessica Grossmeier, VP of Research, HERO Nikki Hudsmith, Chair HPP Value Group



## Today's Speakers



#### Nikki Hudsmith, MBA

Vice President of Operations,
Performance pH



Jessica Grossmeier, PhD, MPH

Vice President of Research, HERO



### Today's Webinar

- Primary objective: Share final findings & supporting resources
- Discussion and questions
- Post-webinar survey (5 questions) on implications of report findings



#### **Available Resources**

- Executive Summary with Case Studies
  - http://hero-health.org/wp-content/uploads/2015/02/HERO-Infographic\_BusinessLeaders\_FINAL.pdf
- Full Final Report
  - http://hero-health.org/wp-content/uploads/2015/02/HPP-Business-Leader-Survey-Full-Report\_FINAL.pdf
- HERO Press Release
  - http://hero-health.org/wp-content/uploads/2015/02/NR\_HPP-survey\_FINAL-02112015.pdf
- Infographic
  - http://hero-health.org/wp-content/uploads/2015/02/HERO-Infographic\_BusinessLeaders\_FINAL.pdf



#### Available Resources





#### **HERO Publications**

Click below on the recent HERO Publications.

- 1. Biometric Screenings Committee
  - 1.1 Biometric Health Screening for Employers
- 2. Employer-Community Collaboration Committee
  - 2.1 Environmental Scan: Role of Corporate America in Community Health & Wellness
  - 2.2 Phase II: Developing the Business Case World Café Results Role of Corporate America in Community Health and Wellness
  - 2.3 Environmental Scan Measuring a Culture of Health
  - 2.4 Culture of Health Measures Phase II Report: Identifying Measures
- 3. Health, Performance & Productivity Committee
  - 3.1 HPP Business Leader Survey Report Full Final Report
  - 3.2 HPP Business Leader Survey Report Executive Summary with Case Studies

http://hero-health.org/hero-publications/



#### **Benefits Pro Article**

http://www.benefitspro.com/2015/02/18/why -your-boss-wants-you-healthy

HOME / BENEFITS MANAGERS / WELLNESS

#### Why your boss wants you healthy

FEB 18, 2015 | BY DAN COOK

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Photo: Getty Images

Your boss wants you to be healthy and, with the majority of them, it isn't just to better manage the company health plan.

A study of some 500 business leaders from across all industries and company sizes found that nine out of 10 managers believe there's a direct link between a healthy

workforce and a productive one. Further, more than half of those surveyed consider employee health so critical to the company's success that they are willing to invest in it and rank it as a top strategic goal.

This information comes from online research by the Health Enhancement Research Organization. While differences in employee health prioritization and company



#### **Most Popular Stories**



DEFINED CONTRIBUTION Wall Street steps up attack on 401(k) broker rule



#### SHRM Article

http://www.shrm.org/hrdisciplines/benefits/articles/pages/wellness-productivity-link-.aspx



#### **Employers See Wellness Link to Productivity, Performance**

Wellness 'value proposition' includes higher engagement and morale, and lower turnover

By Stephen Miller, CEBS 2/25/2015



More than 90 percent of business leaders say that promoting wellness can affect employee productivity and performance, according to survey results from the nonprofit Health Enhancement Research Organization (HERO).

The February 2015 survey report, Exploring the Value Proposition for Workforce Health, evaluates how employers see a healthy workforce influencing morale, engagement and overall corporate performance. The findings are based on a survey completed between May and July 2014 by more than 500 business leaders from across the U.S., from a variety of industries and company sizes.



#### EBN Blog Article

http://ebn.benefitnews.com/news/employer-strategies/key-to-linking-employee-health-performance-is-comprehensive-2745748-1.html



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# Key to linking employee health, performance is comprehensive promotional efforts

Senior executives "get" the link between employee health and performance to a greater degree than middle and front-line managers, a new poll reveals. This finding might be significant for employee benefit and HR departments locked in budget battles seeking greater resources for health promotion efforts.



#### Business Leader Survey Key Findings



# Thanks to Survey Distribution Partners











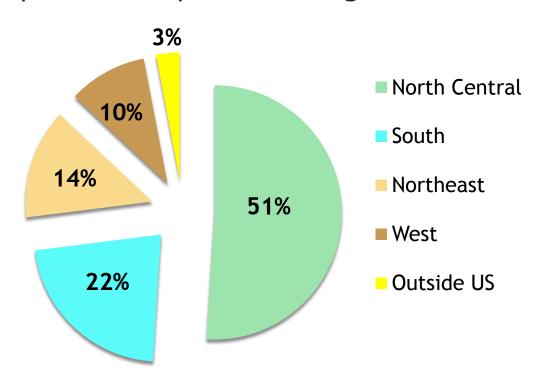






### Survey Respondents: Region

51% of respondents represented orgs. HQ'd in North Central US

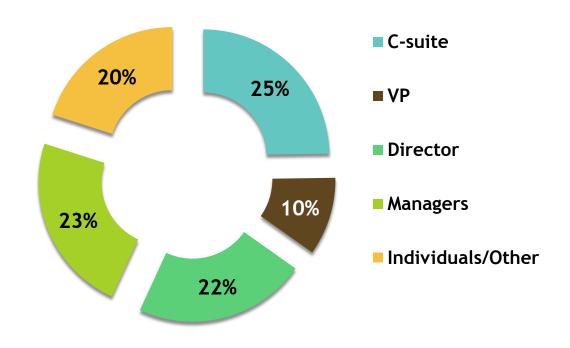


North Central States: IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI



#### Survey Respondents: Role

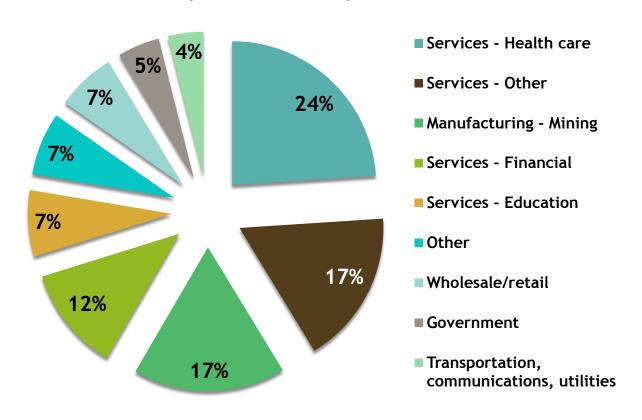
# Leadership Role of Respondents (N=519)





### Survey Respondents: Industry

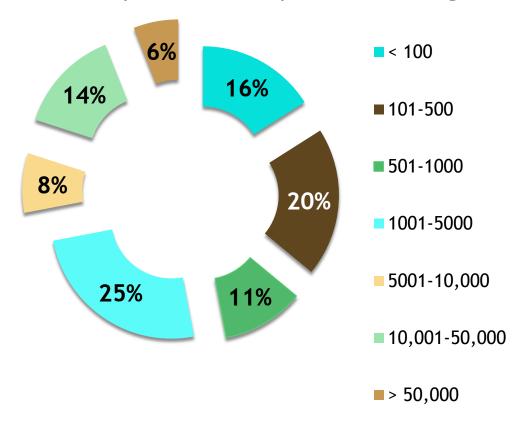
#### 24% of respondents represented health care





## Survey Respondents: Org Size

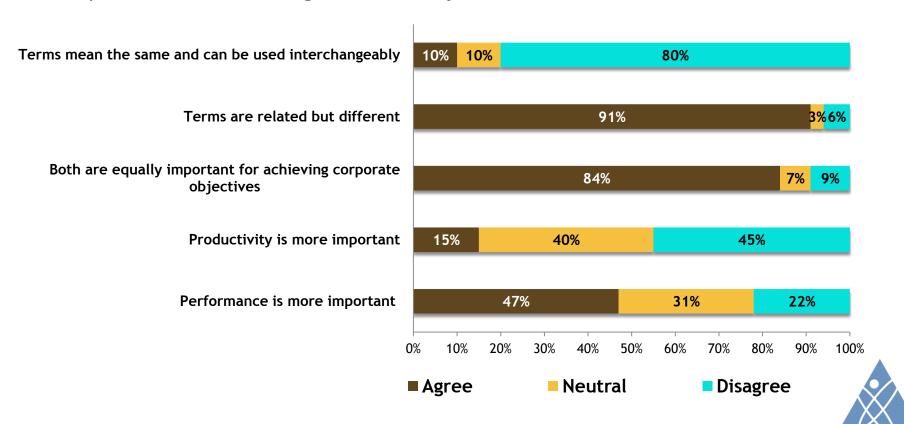
72% of respondents represented orgs. with < 5,000 EEs





# Productivity vs. Performance

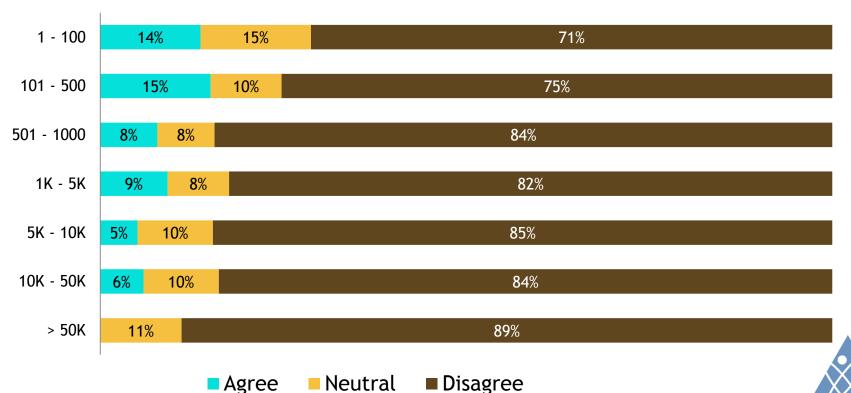
Most leaders distinguish between the two terms and feel both are equally important for achieving business objectives



# Productivity vs. Performance Differences by Org. Size

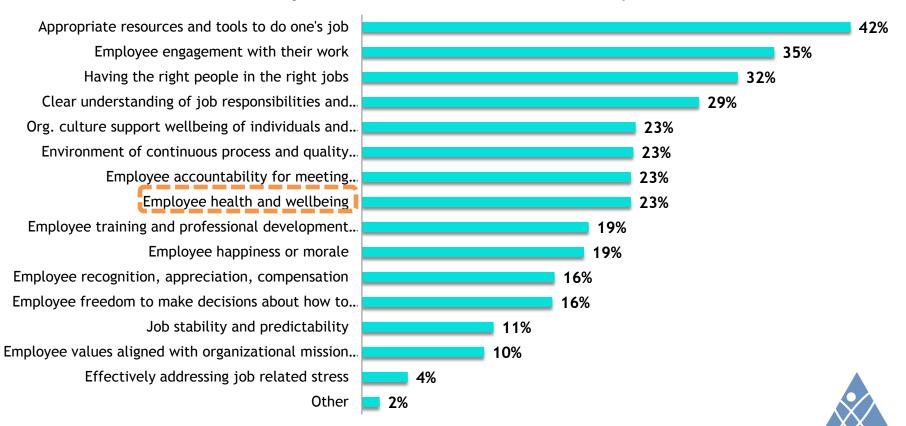
Business leaders in small orgs. less likely to distinguish between terms

Productivity and performance mean the same thing and the terms can be used interchangeably



# **Drivers of Productivity**

#### Top 3 Influencers of Productivity



#### **Drivers of Performance**

#### Top 3 Influencers of Performance

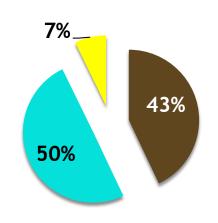


## Top 3 Drivers of Performance Differences by Leadership Role

	EXECUTIVE	VICE PRESIDENT	DIRECTOR	MANAGER	INDIVIDUAL CONTRIBUTOR
	(n=125)	(n=48)	(n=109)	(n=113)	(n=83)
Employee engagement with their work	38%	39%	42%	39%	32%
Having the right people in the right jobs	30%	41%	32%	26%	33%
Clear understanding of job responsibilities and performance	30%	26%	29%	32%	26%
Employee recognition, appreciation, and compensation	30%	22%	31%	25%	23%
Organizational culture supports well-being of individuals and teams	31%	22%	27%	25%	19%
Employee values aligned with organizational mission and strategy	25%	33%	22%	22%	18%
Employee accountability for meeting objectives	25%	29%	26%	24%	20%
Employee health and well-being	23%	12%	19%	25%	21%

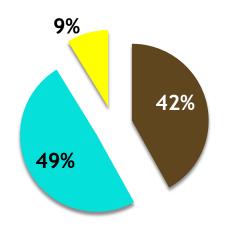
#### Health as an Influencer





#### ■ Very Significant ■ Significant ■ Modest

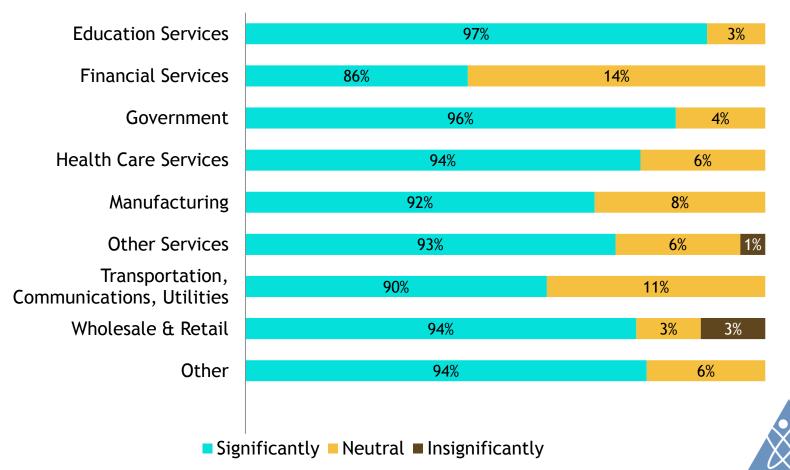
# Health's Influence on Performance





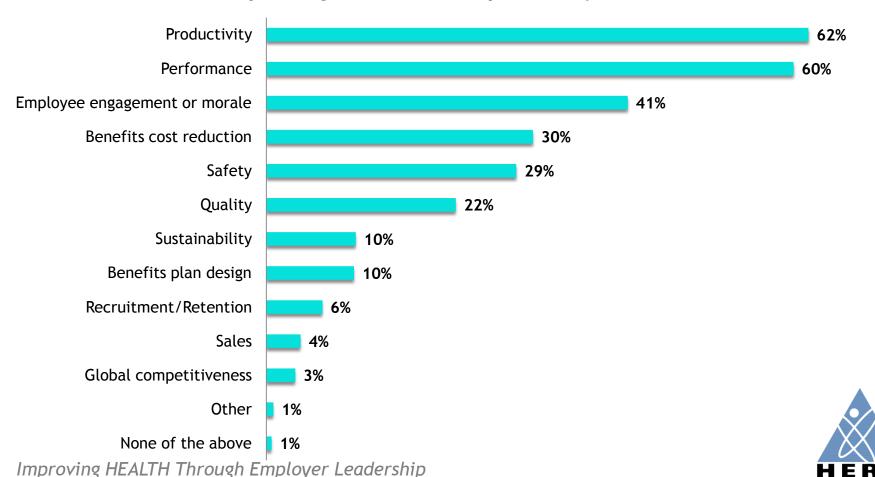


# Health as Influencer of Productivity Industry Differences



## Health Impacts Org. Priorities

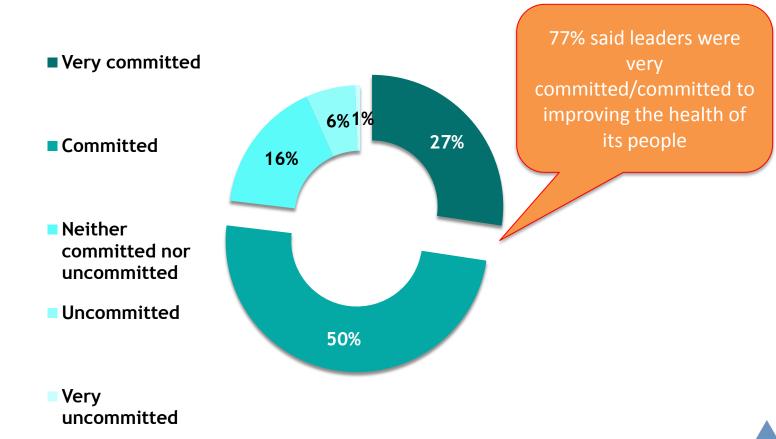
Top 3 Org'l Priorities Impacted by Health



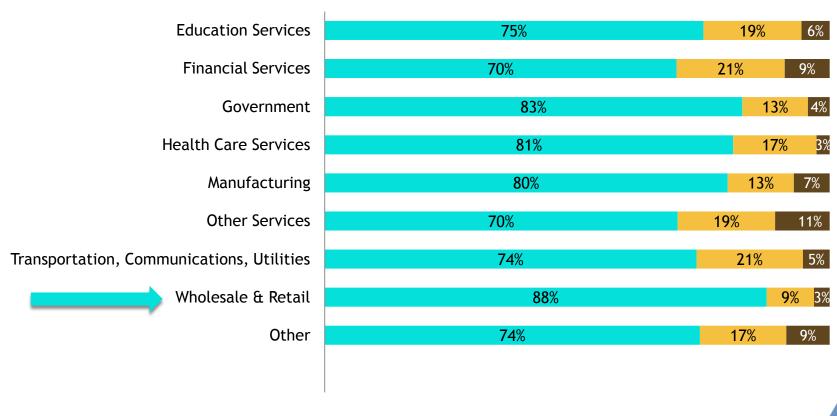
# Health Impacts on Org. Priorities Regional Differences

•	NORTHEAST	NORTH CENTRAL	SOUTH	WEST	OUTSIDE U.S.
	(n=65)	(n=244)	(n=106)	(n=50)	(n=15)
Productivity	68%	64%	70%	54%	67%
Performance	63%	64%	61%	58%	60%
Employee engagement or morale	35%	48%	36%	34%	60%
Benefits cost reduction	39%	29%	37%	30%	27%
Safety	32%	28%	34%	30%	27%
Quality	14%	24%	23%	30%	20%
Sustainability	15%	8%	13%	16%	13%
Benefits plan design	8%	11%	13%	6%	0%
Recruitment/Retention	5%	7%	7%	8%	7%
Sales	6%	3%	3%	12%	0%
Global competitiveness	5%	3%	5%	0%	7%

## Leadership Commitment to Health



## Leader Commitment to Health Industry Differences

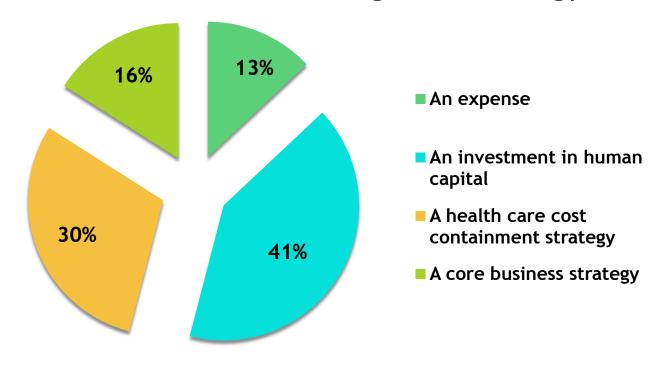


■ Committed ■ Neutral ■ Uncommitted



### Leadership Views of Health

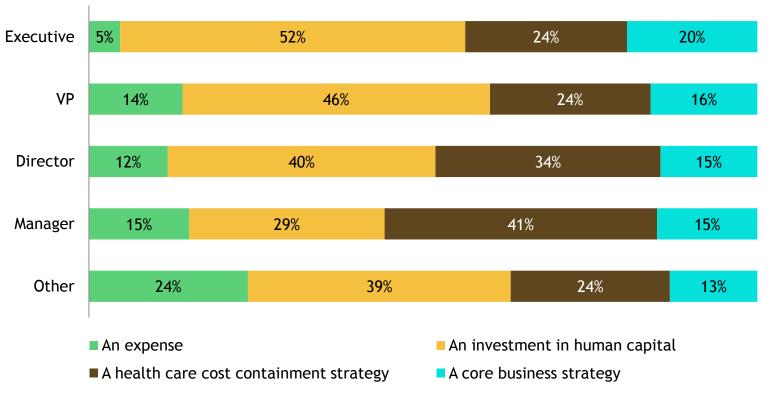
EE health is viewed primarily as an investment in human capital and a health care cost management strategy





# Leadership Views of Health Differences by Leader Role

Directors and managers were more likely to say senior leaders view health as a cost containment strategy





#### **Conclusions**

- Most leaders view productivity and performance as related but different concepts
- Business leaders recognize health is a significant contributor to productivity and performance but don't name it as top driver
- Health is more likely to be viewed as an investment than a cost containment strategy
- Most leaders say their senior leaders are committed to health improvement but middle managers may not recognize that commitment

#### Questions?



