



A Collaborative Approach to Defining a Culture of Health

This article summarizes a collaborative effort by the HERO Culture of Health Study Committee to establish a definition for a healthy workplace culture and identify the elements of a culture of health (CoH).

The final definition of a healthy workplace culture is “one intentionally designed with elements that support health and well-being”.

An iterative process was then used to identify a final list of 24 elements of a CoH along with the following:

- The element defined in a broad sense; a conceptual level definition
- The element defined in an operational way; how the element may be specifically applied for the purpose of creating a healthy workplace culture
- Examples that represent visible behaviors or indicators within a healthy culture

These findings were published in The Art of Health Promotion section of the November 2017 issue of The American Journal of Health Promotion.

Citation: Webb KM, Krick D, CoH Study Committee Definitions Workgroup. American Journal of Health Promotion. 2017;31(6):516-517.

[View article](#)