



**HERO SUMMER THINK TANK  
and RESEARCH MEETING AGENDA**

***Advancing Systemic Approaches to Mental and Emotional Well-being***

**June 6, 2017**

- 8:00            Networking Breakfast**
- 9:00            Welcome & Opening Remarks**
- Dr. Paul Terry, HERO CEO & President
  - Dr. Ron Goetzel, HERO Board of Directors Chair
- 9:30            Engaging Leaders to Create a Culture of Caring**
- Dr. Monica Worline, Stanford Center for Compassion and Altruism Research and Education
- 10:00          Employer Panel: Engaging Leaders to Create a Culture of Caring**
- Dr. Mark Linzer, Hennepin County Medical Center
  - Dr. Krystal Sexton, Shell Oil Company
- 10:45          Networking Break**
- 11:00          Interactive Discussion Groups and Report Out**
- 12:00          Networking Lunch**
- 1:00            Employer Panel: Integrative Approaches to Mental and Emotional Well-being**
- Adria Gerber, General Mills, Inc.
  - Michelle Morris, 3M
  - LaVaughn Palma-Davis, University of Michigan
  - Mark Poindexter, Shell Oil Company
- 1:45            Interactive Discussion Groups and Report Out**
- 2:45            Mental and Emotional Well-being Initiatives**
- C. Richard Mattingly, The Luv u Project, Inc
  - Danny Weill on Bell Canada “Let’s Talk” consumer initiative
  - Dr. Mark Attridge, EAP integration into health and well-being
- 3:15            Adjourn Meeting, Paul Terry, HERO CEO & President**  
*Networking Happy Hour at 3:30 (shuttles will be provided)*