



## HERO Fall Think Tank

### Loneliness in an Era of Hyper-connectivity: The Employer's Role in Addressing Social Isolation

September 9, 2019 | Portland, Oregon

#### Agenda

- 2:30 PM WELCOME  
Karen Moseley, HERO President  
Paul Terry, PhD, HERO Senior Fellow
- 2:45 PM **“Not by my Selfie” Moving Past the Silence and Stigma**  
Jeremy Nobel, MD, MPH, Founder, The UnLonely Project; Faculty, Harvard Medical School  
Keith Winick, Director of Health & Wellness and Analytics, Prudential Financial
- 3:30 PM Table Topic Discussions & Report Out
- 4:00 PM Break
- 4:15 PM **Is Loneliness Really the “New Smoking?” How Employers Can Solve for Social Isolation.**  
Sara Johnson, PhD, Co-President and CEO, Pro-Change Behavior Systems, Inc.  
Hakan Ozcelik, PhD, Professor, Management Area Leader, College of Business Administration, California State University, Sacramento
- 5:00 PM Table Topic Discussions & Report Out
- 5:30 PM ADJOURN  
Karen Moseley, HERO President
- 6:00 PM THINK TANK MEMBER RECEPTION
- 7:15 PM THINK TANK MEMBER DINNER
- 7:40 PM MARK DUNDON RESEARCH AWARD  
**PANEL: Translating Science into Practice: How Employers can Benefit and Shine as Research Collaborators**  
Sara Johnson, PhD, Co-President and CEO, Pro-Change Behavior Systems, Inc.  
Nico Pronk, PhD, President, HealthPartners Institute; Chief Science Officer, HealthPartners, Inc.