



HERO Members Only Fall Think Tank
Tuesday, October 12, 2021
1:00 PM – 4:00 pm CT

**The Workplace Mental Health and Well-being Ecosystem:
Is it working, how to know, and who is included (or excluded) from care?**

Workplace mental health and well-being (MHWB) has long been a vexing issue for companies. Now, in the wake of COVID-19 and a national, racial reckoning, employers are ever more aware of the workplace's impact on employee MHWB. 2020 has served up vivid lessons about how MHWB impacts everyone. Though MHWB does not discriminate based on race, gender, culture, age, or income, these populations are clearly impacted in a myriad of inequitable ways. Over the past decade, workplaces have increasingly recognized the importance of addressing employee mental health and well-being and have expanded and improved related benefits and programs. As workplace behavioral health strategy and technology evolves, employers face new challenges regarding outcomes measurement. At this HERO Think Tank, members will explore how employers are addressing workplace MHWB in 2021 and beyond, emphasizing measurement and the critical importance of taking a DE&I informed approach.

AGENDA

1:00 PM – Welcome & Framing the Conversation

Karen Moseley, CEO & President, HERO

Emily Wolfe, M.S.W., LCSW, Committee Project Manager, HERO

1:20 PM – Diversity, Equity, & Inclusion and Workplace Mental Health: An Informed Approach

Juliette McClendon, Ph.D., Director of Medical Affairs, Big Health

Eduardo Sanchez, M.D., M.P.H., FAAFP, FAHA, Chief Medical Officer for Prevention, American Heart Association

**Karen Hume, M.P.A., Management Consultant,
Houston Business Coalition on Health**

2:10 PM – Break

2:25 PM – Measurements That Matter in Workplace Mental Health

Ron Goetzel, Ph.D., *Senior Scientist, Johns Hopkins Bloomberg
School of Public Health*

Darcy Gruttadaro, J.D., *Director, American Psychiatric Association Foundation,
Center for Workplace Mental Health*

Daryl Tol, M.H.A., *Executive Vice President, One Mind*

3:15 PM – Roundtable Discussion

3:40 PM – Report Out & Reflection

4:00 PM – Adjourn