Recommended Readings

HERO Winter Think Tank 2022

- “Nonverbal Overload: A Theoretical Argument for the Causes of Zoom Fatigue.”
- “Why Working from Home will Stick.”
- Center for Creative Leadership. Worklife Indicator-For Self ($30)
- “Organizational Best Practices Supporting Mental Health in the Workplace.”
- Leigh Stringer, Website and Books
- “The Worst of Both Worlds: Zooming From the Office.”
- The Workplace Garden: Trailer
- “4 Strategies for Building a Hybrid Workplace that Works”
- “Do work-family initiatives improve employee mental health? Longitudinal evidence from a nationally representative cohort.”
- Culture X website about ROWE: Results Only Work Environments.
- “Shifts in Health Behaviors Amid the COVID-19 Pandemic.”
- “The Puzzle of Motivation.”
- “This is What Real Work Flexibility Looks Like.”
- “Leveraging Health Risk Assessment Data to Describe Changes in Health Behaviors Associated With the COVID-19 Global Pandemic.”