



WINTER THINK TANK 2022

SPEAKER BIOS

Beth Livingston, PhD

Asst. Professor & Faculty Director, Dore Women's Leadership Program, University of Iowa



Beth A. Livingston, PhD, is an Assistant Professor in Management and Entrepreneurship at the University of Iowa Tippie College of Business. She does executive education, speaking engagements, and consulting for companies and non-profits such as John Deere, Yves Saint Laurent Beauty, Allsteel, and Hollaback!. Beth's research interests lie primarily in gender, diversity, and the management of work and family, with her research being highlighted in the New York Times, NPR, and the Harvard Business Review. She has been published in multiple top academic journals, and is the co-author of the forthcoming book from Harvard Business Review Press entitled "Shared Sisterhood: How to Take Collective Action for Racial and Gender Equity at Work."

Chia-Chia Chang, MPH, MBA

Coordinator, NIOSH Office of *Total Worker Health*®



Chia-Chia Chang, MPH, MBA is a Coordinator in the NIOSH Office for Total Worker Health® and the NIOSH Healthy Work Design and Well-Being Cross-Sector Program. She leads collaborations to share research and identify promising practices for advancing worker safety, health, and well-being, and she guided the development of the NIOSH Worker Well-being Questionnaire (WellBQ). Her previous work in the NIOSH Office of the Director included leading enrollment and outreach for the World Trade Center Health Program, serving as liaison to the National Advisory Committee on Occupational Safety and Health (NACOSH). Chia has created and delivered presentations and trainings on four continents to a diversity of audiences, including health and human resources professionals, industry associations, universities, and Fortune 500 companies.



Lisa Berkman, PhD

Director, Harvard Center for Population & Development Studies

Lisa F. Berkman, PhD, is the Director of the Harvard Center for Population and Development Studies, and the Thomas D. Cabot Professor of Public Policy, Epidemiology, and Global Health and Population at the Harvard T.H. Chan School of Public Health. She is an internationally recognized social epidemiologist whose work focuses extensively on social and policy influences on population health. Her research is aimed at understanding inequalities in health related to socioeconomic status, social networks, and isolation with an emphasis on workplace conditions and labor policy. Lisa leads the Robert Wood Johnson Foundation study of Workplace Redesign and Worker Well-being. She is also the principal investigator of the Health and Aging Study in Africa: A Longitudinal Study of an INDEPTH Community in South Africa (HAALSI). She is a member of the National Academy of Medicine. She is the author or co-author of several books and 300 publications. Lisa obtained her MS and PhD in epidemiology from the University of California, Berkley.



Paul Frostin, PhD

Director, Health Research & Education Program, Employee Benefit Research Institute

Paul Frostin is Director of the Health Research and Education Program at the Employee Benefit Research Institute (EBRI), a private, nonprofit, nonpartisan organization committed to original public policy research and education on economic security and employee benefits. He also oversees EBRI's Center for Research on Health Benefits Innovation. Paul's research interests include trends in employment-based health benefits, employee benefits and public policy, health plan design, HSAs, workplace wellness programs, retiree health benefits, and public opinion about health benefits and health care. He currently serves on the board of trustees for Emeriti Retirement Health Solutions. He also serves on the National Advisory Board for the University of Michigan Center for Value-Based Insurance Design. He is the associate editor of *Benefits Quarterly* and is also a TIAA-CREF Institute Fellow. He earned his Bachelor of Science degree from SUNY Binghamton and his PhD in economics from the University of Miami.



Brett Hautop

Vice President, Workplace at LinkedIn

Brett Hautop is the Vice President of Workplace at LinkedIn. He has over 25 years of design and architecture experience before his transition into corporate workplace leadership. Brett has become an industry leader around workplace experience, workplace design and the future of the workplace. With a foundation built on creative problem solving, experiential design, furniture design, and hands-on construction, Brett's unique combination of experiences have given him a holistic perspective that allows him to deliver meaningful insights and guidance to executives who consider him a trusted advisor. Brett received his undergraduate and professional degrees from North Carolina State University.



Tyler Amell, PhD

Chief Health and Strategy Officer, MediKeeper;
Faculty, Pacific Coast University, Workplace Health Sciences

Tyler Amell, PhD, is the Chief Health and Strategy Officer at MediKeeper. He is also an Adjunct Faculty at Pacific Coast University for Workplace Health Sciences and Faculty Lead for Work and the Workplace. He serves on the Board of Directors of the National Wellness Institute and the Work Wellness Institute. Tyler is an internationally recognized thought leader on the topic of workplace health and productivity. He is an advisor to organizations, including insurers, service providers, and employers on strategic and integrated workplace health and productivity. He specializes in the areas of health and well-being technology, data analytics, absence and leave management, STD, LTD, occupational rehabilitation, disability management, disability prevention, workers' compensation, mental health, musculoskeletal health, chronic disease, wellness and well-being, medical assessment, and health and safety. Tyler received his PhD from the University of Alberta and also holds a MSc from Queen's University.



Cheryl Persigehl, MBA

OE Consultant & Executive Coach

Cheryl Persigehl, MBA, is a consultant and executive coach. She brings 40 years of organizational development, communications, and marketing experience across a wide variety of industries to her consulting practice. She has worked as a consultant, facilitator, and executive coach with individual leaders, leadership teams, boards, and collegial work groups for the past 26 years. Cheryl is passionate about helping individuals and groups increase their effectiveness in all aspects of their lives and create healthy work environments where everyone can thrive. Cheryl received her MBA from the University of St. Thomas- Opus College of Business.



Leigh Stringer, MBA

Managing Principal, EYP

Leigh Stringer, MBA, is the Managing Principal (Washington, DC region) for EYP. Leigh is a workplace researcher and expert. She is the author of two books, *The Healthy Workplace* (Amacom) and *The Green Workplace* (Palgrave MacMillan). She is featured in new documentary largely covering her material from her latest book, *The Healthy Workplace*. The film is called *The Workplace Garden*, and content centers around the stresses and challenges of our modern work-life, produced by Conscious Content Media and Shaman Pictures. Leigh is a founding member of Global Women for Wellbeing, whose mission is to “empower healthy female leaders at all levels for a more sustainable world.” In 2018, she founded WomanUp, an activist network of more than 300,000 women and allies, stepping up to fight for progressive causes and political candidates. Leigh has a Bachelor of Arts with a Major in Architecture, Master of Architecture, and an MBA, all from Washington University.



Janani Thapa, PhD

Assistant Professor, Dept. of Health Policy & Mgmt.
University of Georgia

Janani Thapa, PhD, is an Assistant Professor in the Department of Health Policy and Management at the University of Georgia where she teaches core courses in obesity policy and health economics. She is also the Director of University of Georgia's Certificate on Obesity and Weight Management. At the department she is also the Director of the Economic Evaluation Research Group. Her current portfolio of research includes, evaluation of statewide childhood obesity policy in Georgia, identification of promising approaches to promote healthier food purchases among households receiving food safety net benefits, and applying simulation models to study the impact of policy interventions on rural-urban disparities in cardiovascular diseases and disease risk factors.



Patti Ritting, PhD

Senior Consultant, Total Health Management, Mercer

Patti Ritting is a Senior Consultant in the Total Health Management specialty practice of Mercer Health & Benefits. Bridging the gap between research and practice, Patti works with employers on the design of holistic employee and organizational well-being strategies. Her passion is creating healthy environments, and she views employee well-being as a performance driver rather than a cost driver. In addition to well-being consulting, her recent work has focused on high value care, social determinants of health, and diversity, equity, and inclusion. Patti holds a PhD in health promotion, education, and behavior from the University of South Carolina's Arnold School of Public Health. She has worked in a variety of settings including public accounting as a CPA, higher education as an Assistant Professor of health education, hospital-based fitness and wellness centers as an Executive Director, and employee health & benefits as a health and well-being consultant.



Rachel Henke, PhD

Senior Director of Research
IBM Watson Health

Rachel Henke, PhD, is a Senior Director of Research at IBM Watson Health where she conducts mixed-methods evaluations of employer efforts to support employee health and well-being. Rachel is also the recipient of the 2021 Mark Dundon Research Award, presented at HERO Forum21, this past October. Rachel conducts research for federal agencies aiming to improve access and quality of behavioral health care. She is a coeditor of the Knowing Well Being section of the *American Journal of Health Promotion* and has authored numerous articles in peer-reviewed journals. Rachel completed a postdoctoral fellowship at the Department of Health Care Policy at Harvard Medical School and has a PhD in health policy from Harvard University. She received her BA in biology from Haverford College.



Gerardo Durand, MD, MPH

Senior Corporate Occupational Medicine Physician
3M

Gerardo Durand, MD, MPH, is the Director at 3M Occupational Medicine and 3M Clinical Services. He is responsible for the health services to nonmanufacturing employees, provides medical direction to the Safety and Industrial Business Group and Consumer Business Group manufacturing locations in the United States, and leads the 3M medical team in Latin America. Gerardo also leads the deployment of the 3M Health, Safety, and Well-Being standard to generate healthy workspaces, compile meaningful population health indicators, and integrate occupational and non-occupational interventions.

Gerardo currently sits on the HERO Board of Directors. He is originally from Peru, and received his medical degree at Universidad Peruana Cayetano Heredia. Gerardo is board-certified in internal medicine, occupational and environmental medicine, and holds a master's degree in public health from Harvard T.H. Chan School of Public Health.

Stewart Sill, MS

Executive Director, Medical Affairs
Aetna/CVS Health



Stewart Sill, MS, is the current Executive Director of the Central Program Office for Medical Affairs at Aetna, a CVS Health company. He has spent the past 25 years driving innovation and improving population health and well-being across the healthcare ecosystem, with focus on health promotion, consumer engagement, and behavior change. He currently leads a diverse team focused on driving strategic initiatives and collaboration across the CVS Health enterprise. Previously at IBM Watson Health, Stewart held senior consulting and innovation roles where he led a consulting team focused on the needs of large employer and health plan clients. Prior to joining Watson Health, Stewart led IBM's internal workforce health promotion strategy and international team serving its global workforce of 350,000 employees and their families in nearly 100 countries around the world. Stewart received his BS from Campbell University and holds an MS from University of North Carolina Greensboro.