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EDUCATION

Ph.D. 1998 Clinical Psychology, University of Rhode Island, Dept. of Psychology, Kingston, RI
M.A. 1995 Clinical Psychology, University of Rhode Island, Dept. of Psychology, Kingston, RI
B.A. 1993 Psychology, *summa cum laude*, State University of New York, Geneseo, NY

CURRENT POSITIONS

2020 – Present **Senior Research Fellow**, Health Enhancement Research Organization
2019 - Present **Chair**, Art & Science of Health Promotion Conference
2016 - Present **Co-Editor**, American Journal of Health Promotion (Sage)
2015 - Present **Co-President & CEO**, Pro-Change Behavior Systems, South Kingstown, RI

ADDITIONAL PROFESSIONAL EXPERIENCE

1998-- 2015 **Director/Senior Vice President, Research & Product Development**, Pro-Change Behavior Systems, South Kingstown, RI.
1999 - Present **Adjunct Faculty**, Department of Psychology, University of Rhode Island, Kingston, RI
1997 - 1998 **Clinical Psychology Intern**, VA Connecticut Healthcare System, West Haven, CT

SAMPLE PUBLICATIONS

Grossmeier, J., Castle, P.H., Pitts, J.S., Saringer, C., Jenkins, K.R., Imboden, M.T., Mangen, D.J., **Johnson, S.S.**, Noeldner, S.P., & Mason, S.T. (2020). Workplace well-being factors that predict employee participation, health and medical cost impact, and perceived support. *American Journal of Health Promotion*, 34(4), 349-358.

Imboden, M.T., Castle, P.H., **Johnson, S.S.**, Jenkins, K.R., Pitts, J.S., Grossmeier, J., Mangen, D.J., Mason, S., & Noeldner, S.P. (2020). Development and validity of a workplace health promotion best practices assessment. *Journal of Occupational and Environmental Medicine*, 62(1), 18-24.

Johnson, S.S., Levesque, D.A., Broderick, L.E., Bailey, D.B., & Kerns, R.D. (2017). Pain self-management for Veterans: Development and pilot test of a stage-based mobile-optimized intervention. *JMIR*, 5(4), e40.
<http://doi.org/10.2196/medinform.7117>

Johnson, S.S., Castle, P.H., VanMarter, D., Roc, A., Neubauer, D., Auerbach, S., & DeAguiar, E. (2015). The effects of physician continuing medical education on patient-reported outcomes for identifying and optimally managing obstructive sleep apnea. *Journal of Clinical Sleep Medicine*, 11(3), 197-204.

Johnson, S.S., Paiva, A., Mauriello, L., Prochaska, J.O., Redding, C., & Velicer, W.F. (2014). Coaction in Multiple Behavior Change Interventions: Consistency Across Multiple Studies on Weight Management and Obesity Prevention. *Health Psychology*, 33(5), 475-480.

Kaegi, J. & Johnson, S. (2014, October 20). 4 elements of a well-designed wellness program. Employee Benefit News. <http://ebn.benefitnews.com/blog/beadvised/4-elements-of-a-well-designed-wellness-program-2744451-1.html#Login>

Johnson, S.S. & Cook, B. (2013). Using the Transtheoretical Model to Promote the Adoption & Maintenance of Regular Exercise. In *ACSM's Behavioral Aspects of Exercise*. Philadelphia, PA: Lippincott Williams & Wilkins.

Johnson, S.S., Cummins, C.O., Paiva, A., Brown, J.J. (2012). Measuring Effectiveness of Continuing Medical Education Using the Transtheoretical Model of Behavior Change. *CE Measure*, 6 (3), 32-40.

SAMPLE EDITORIALS

Johnson, S.S. (2020). Equity, Justice, and the Role of the Health Promotion Profession in Dismantling Systemic Racism. *American Journal of Health Promotion*, 34(7), 703-708.

Johnson, S.S. (2021). Addressing the Caregiving Crisis: The Roles for Employers and Policy Makers. *American Journal of Health Promotion: Knowing Well, Being Well*, 35(7), 1028-1029. DOI: 10.1177/08901171211030142

- Johnson, S.S.** (2021). The Science of Teamwork. *American Journal of Health Promotion: Knowing Well, Being Well*, 35(5), 730-732. DOI: 10.1177/08901171211007955
- Johnson, S.S.** (2021). Climate Change & Well-Being: The Role for Health Promotion Professionals. *American Journal of Health Promotion: Knowing Well, Being Well*, 35(1), 140-143. DOI: 10.1177/0890117120970334
- Johnson, S.S.** (2020, June). Burnout. *American Journal of Health Promotion: The Art of Health Promotion*, 34(5), 563-564. <https://doi.org/10.1177%2F0890117120920488a>
- Johnson, S.S.** (2020, February). The Employer's Role in Addressing Social Determinants of Health. *American Journal of Health Promotion: The Art of Health Promotion*, 34(2), 206-207. <https://doi.org/10.1177%2F0890117120920488a>
- Johnson, S.S.** (2019). The Potential and Promise of Purpose-Driven Organizations. *American Journal of Health Promotion: The Art of Health Promotion*, 33(6), 958-959. <https://doi.org/10.1177%2F0890117119855446>
- Johnson, S.S.** (2018). Broadening Our View of Financial Well-Being. *American Journal of Health Promotion: The Art of Health Promotion*, 33(1), 142-144. <https://doi.org/10.1177/0890117118812822>

SAMPLE PRESENTATIONS

- Lucero, K. & **Johnson, S.S.** (January, 2020). *How Confident Are You that You Are Maximizing Confidence Assessments in Your Outcomes?* Paper presented at the 2020 Alliance for Continuing Education in the Health Professions Annual Conference, San Francisco, CA.
- Johnson, S.S.** (September, 2019). *Is Loneliness Really the "New Smoking?" How Employers Can Solve for Social Isolation.* HERO Think Tank, Portland, OR.
- Johnson, S.S.** (February, 2019). *Change Begins with a Heart to Heart.* Keynote address to the Southern New England Go Red for Women Luncheon. Providence, RI.
- Johnson, S.S.,** Lemon, M. & LoPresti, M. (January, 2019). *The Power of Education to Inspire Change by Shining a Light on "Bright Spots".* Paper presented at the 2019 Alliance for Continuing Education in the Health Professions Annual Conference, National Harbor, MD.
- Johnson, S.S.** (October, 2018). *Choosing your Tribe: What are the Pathways between Social Connections, Thriving People & Organizations?* Keynote address at the HERO Forum University Summit, Ponte Vedra Beach, FL.
- Johnson, S.S.** (January, 2018). *Understanding the Process of Change.* Keynote address to Transforming Clinical Practice Initiative Learning Series Kick-Off Event. Warwick, RI.
- Johnson, S.S.,** Putnam, L., Dale, C. (2017, September). *Engaging Team Members through Activated Managers: Managers' Influence on Well-Being.* Paper presented at the 2017 HERO Forum. Phoenix, Arizona.
- Terry, P., Ballard, D. **Johnson, S.** & Miller, B. *Workplaces, Communities, and Emotional Well-Being: Coalescence or Collisions Afoot with Future Workers?* General Session Panel. 2017 HERO Forum. Phoenix, Arizona.
- Johnson, S.S.** (2017, March). *The Recipe for Finding the Optimal Blend of Awareness, Motivation, Skills, & Opportunities: Applying Lessons from Baking.* Paper presented at the 27th Annual Art and Science of Health Promotion Conference. Colorado Springs, CO.

HONORS AND DISTINCTIONS

2019	RI Inno's 50 on Fire Award
2018	Health Enhancement Research Organization's Mark Dundon Research Award
2018	Providence Business News Healthcare Woman to Watch
2017, 2020	Editor in Chief Paper of the Year, American Journal of Health Promotion
2015	Wellness Council of America's Top 10 Health Promotion Professionals
2012	Award for Excellence in Reviewing, Journal of Nutrition, Education, & Behavior
2005	Who's Who in American Women 25th Edition
1998	Jacob Levine Outstanding Clinical Scholarship Award, VA Connecticut Medical Center
1996-1997	University of Rhode Island's Graduate Student Fellowship