



University Summit 2022

# SPEAKER BIOS



## **Bernadette Melnyk, PhD, APRN-CNP, EBP-C, FAANP, FNAP, FAAN**

The Ohio State University

Bernadette Mazurek Melnyk, PhD, APRN-CNP, EBP-C, FAANP, FNAP, FAAN, is Vice President for Health Promotion, the University's Chief Wellness Officer, the Helene Fuld Health Trust Professor for Evidence-based Practice, and Dean of the College of Nursing at Ohio State University (OSU). She is also a professor of pediatrics and psychiatry at OSU's College of Medicine, and is Executive Director of The Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing & Healthcare. Bernadette is co-editor of seven books as well as over 490 publications. She is an elected fellow of the National Academy of Medicine, the American Academy of Nursing, the National Academies of Practice, and the American Association of Nurse Practitioners. She is a member of the NAM Action Collaborative for Clinician Well-being, the National Academy of Science, Engineering and Medicine Promoting Emotional Well-Being and Resilience Expert Panel, and is an elected executive board member of the National Forum for Heart Disease & Stroke Prevention.



## **Susan Morgan Bailey, MS**

Marsh & McLennan Agency

Susan Morgan Bailey, MS, is a high energy leader with more than 25 years of experience in health, benefits and education settings. In her role as Senior Vice President, Culture & Wellbeing Practice Leader at Marsh & McLennan Agency (MMA), she calls upon her experience to help organizations build sustainable business via supportive cultures that empower individuals to thrive. Prior to joining MMA, Susan consulted on and led culture and well-being initiatives in a variety of settings from manufacturing to healthcare. Susan is a Certified CultureTalk™ Partner, a Certified Intrinsic Coach, SHRM-SCP and SPHR certified, and holds a BS in science education and an MS in health promotion. Recognized for her passion and enthusiasm, she is on a mission to elevate the vibe on planet earth by helping others live high energy, purpose-focused lives!



## **Steven Siegel, MD, PhD**

University of Southern California

Steven Siegel, MD, PhD, is a physician-scientist specializing in psychosis. He is professor and chair of the Department of Psychiatry and the Behavioral Sciences at Keck School of Medicine of USC. His department is home to 350 faculty, trainees, and staff members at LAC+USC Hospital, Keck Medicine of USC, and CHLA. In 2021, he became Keck Medicine's inaugural Chief Mental Health and Wellness Officer, with broad responsibility for all patient mental health programs as well as the well-being of employees across the health system. His research has been supported by federal, state, foundation, and industry sources and he has published approximately 150 manuscripts as well as multiple book chapters, and one book spanning topics related to drug abuse, basic research in schizophrenia and autism, and clinical aspects of schizophrenia. Steven received his BA in neuroscience at Colgate University and his MD, PhD in neurobiology at Mount Sinai School of Medicine.



## **John Whelan, JD**

Yale University

John Whelan, JD, is the vice president for human resources at Yale University where he leads a team of 170 HR professionals. Before this role, John was the vice president for HR at Indiana University, serving as IU's chief human resources officer. During his seven years at IU, he built a stronger and more strategically focused HR function, improved HR's process efficiency and customer service, and increased the engagement of IU's 23,000 employees across the school's seven campuses. John earned a BA and JD from the University of Notre Dame. He is a past chair of the national board of directors for CUPA-HR (College and University Professional Association for Human Resources). He currently serves on the board of the American Research Universities - HR Institute and is a member of the Massachusetts bar association.



## **Wendelin Slusser, MD, MS**

The University of California, Los Angeles

Wendelin Slusser, MD, MS, is Associate Vice Provost for the Semel Healthy Campus Initiative Center at UCLA, Clinical Professor of Pediatrics in the UCLA Schools of Medicine and Public Health, and Co-Founder and Academic Director of the UCLA Fit for Healthy Weight Program. She is a leader in community, school, clinic, and family-based programs focused on enhancing the physical, social, and emotional well-being of infants, children, young adults and their caregivers. Wendy was the PI on the Fruit and Vegetable Bar Intervention study to promote fruit and vegetable consumption among low-income elementary school children in LAUSD that inspired national legislation and former First Lady Michelle Obama's Let's Move Salad Bar to Schools. She is currently the producer and host of the Semel HCI LiveWell Podcast. Wendy graduated Cum Laude from Princeton University, received her medical degree and master's in nutrition from the College of Physicians and Surgeons at Columbia University.



## **Kelcey Stratton, PhD**

University of Michigan

Kelcey Stratton, PhD, is the Program Manager for Resilience and Well-Being Services and a Clinical Assistant Professor in Psychiatry at the University of Michigan. Her current work focuses on developing strategies to enhance well-being for faculty and staff on the academic and medical campuses. She is a licensed clinical psychologist and has particular interests in the areas of stress and resilience, trauma-informed care, mindfulness, and the use of narrative and reflective practices. Prior to coming to University of Michigan, Kelcey lived and worked in South Africa for several years where she served as a mental health clinician and consultant to Peace Corps volunteers and medical providers in over 65 countries. She has also worked as a clinician and researcher in the VA health system, where she focused on post-traumatic stress concerns among veterans.



## **Nikki Brauer, MS, CWPM, COEE**

Illinois State University

Nikki Brauer, MS, CWPM, COEE, is the Director of Health Promotion and Wellness at Illinois State University. She leads the employee wellness initiatives, advancing the well-being of faculty, staff, and students. She also holds the role of Assistant Instructional Professor for the School of Kinesiology and Recreation at the University. On the national level, Nikki has worked alongside many gifted colleagues on initiatives that include development of the new American College Health Association (ACHA) Healthy Campus Framework and Institution Inventory. She is co-author of the ACHA National Faculty Staff Health Assessment and has created strategies for the Well-being and Health Promotion Leadership (WHPL) Conference at NASPA. She currently serves as the chair of the ACHA Healthy Campus Leadership Team. In 2019, Nikki was awarded the YWCA Women of Distinction Award for Business.



## **Crystal R. Hutchinson, MEd, CHES**

University of British Columbia

Crystal R. Hutchinson, MEd, CHES, is the Senior Lead, Workplace Wellbeing Strategies within Human Resources at the University of British Columbia. Crystal leads systemic and comprehensive university-wide initiatives to support psychological health and safety in workplaces and provides strategic oversight for the workplace well-being team and its operations. Crystal's knowledge, skills and expertise span 13 years in the areas of health education and health promotion. She has over 8 years of experience working specifically within higher education settings and was a key collaborator in the development of the 2015 Okanagan Charter: An International Charter for Health Promoting Universities and Colleges.





## **Diana Kremzar, MPH, CHES, AADP**

University of Iowa

Diana Kremzar, MPH, CHES, AADP, has served in her role as Family Services Director at the University of Iowa for 7 years. Prior to returning to her alma mater, she held roles in human resources and public health, all devoted to positively impacting the collective well-being of a community or organization. In her current role, she leads various work-life integration programs and initiatives around childcare, elder caregiving, workplace flexibility, financial well-being, and has recently taken on a leadership role in the implementation of Future of Work initiatives across the University of Iowa. Diana received her master's in public health from the University of Iowa. She is a Certified Health Education Specialist and an active member of the Johnson County Child Care Coalition, leading efforts around business and childcare impacts.



## **Megan Hammes, MS, MCHES**

University of Iowa

Megan Hammes, MS, MCHES is the Senior Director of UI Wellness at the University of Iowa where she provides leadership for initiatives and policies designed to support the whole-person well-being of 20,000+ faculty and staff including an academic medical center. The liveWELL program at the University of Iowa has won numerous recognitions including a Healthy Iowa Award, Blue Zones Certified Worksite, C Everett Koop National Health Award Honorable Mention, and National Wellness Challenge Winner from the Building Healthier Academic Communities (BHAC) organization. Megan serves as a planning co-chair for the HERO University Summit and associated HERO Universities Unmuted webinars. Megan is the 2022 recipient of the Heart of HERO Award.