



Integrating Lifestyle Medicine into the Workplace through Health and Well-Being Offerings from Employers

December 7, 2022

Agenda Item	Time	Speaker/Moderator
Welcome	1:00-1:05	Sara Johnson
The Evolution of Lifestyle Medicine	1:05-1:25	Dexter Shurney
Lifestyle Medicine in Health and Well-Being Offerings	1:25-1:45	Small groups
Report out	1:45-1:55	Karen Moseley
Emerging Themes; Guiding Practices & Principles; and Models	1:55-2:10	Sara Johnson
Break	2:10-2:15	
Guiding Practices, Principles, & Models	2:15-2:40	Small groups
Report out	2:40-2:55	Karen Moseley
Creating Demand & Sustainable Financial Frameworks	2:55-3:00	Sara Johnson
Creating Demand, Making the Business Case, and Promoting Advocacy	3:00-3:20	Small groups
Report out	3:20-3:30	Karen Moseley
Dissemination Strategies and Channels for Sharing Insights and Emerging Promising Practices	3:20-3:25	Sara Johnson
Dissemination Strategies and Channels for Sharing Insights and Emerging Promising Practices	3:25-3:45	Small groups
Report out & Farewell	3:45-4:00	Karen Moseley