



Winter Think Tank 2023

# SPEAKER BIOS

## **Ryan Sledge, MBA, MPH**

HCA Healthcare



Ryan Sledge, MBA, MPH, is the Vice President of Workforce Health & Safety at HCA Healthcare. Ryan partners across teams—both clinical and non-clinical including human resources, infection prevention, HCl, and performance improvement—to ensure caregivers receive great care so that they can focus their passion and energy on providing great care. In his previous role as Director of Worksite Operations and Product Development for OhioHealth, he was responsible for creating a sustainable culture of health for OhioHealth's 29,000 employees, as well as the employers served by the program in the Columbus region. He has over 10 years of experience in wellness and health management working with employer and community populations, including stints at HealthFitness, Trinity Health, and Beaumont Health. Ryan currently serves as Treasurer for the HERO Board of Directors and also serves as co-chair of the HERO Healthcare Summit Planning Committee. Ryan's academic background includes a BS in exercise science, an MPH degree from Michigan State University, and an MBA degree from the University of Michigan.

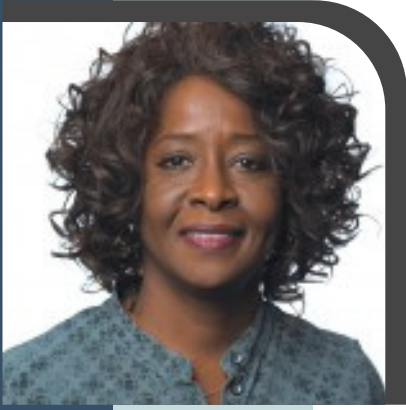
## **Bridget Neurer**

Aon



Bridget Neurer is the Senior Vice President at Aon within the US Health Transformation Team. In this role, she is responsible for leading well-being consulting projects, including discovery, development and execution of strategy and measurement plans. She also serves as the health transformation team internal operational lead. Prior to joining Aon in 2012, Bridget served as the Director of the Client Service Team at StayWell Health Management (now WebMD). Bridget has over 25 years experience with expertise includes developing, executing, and evaluating well-being strategies and programs with a broad spectrum of employers and industries. She started her career as a Wellness Specialist with Honeywell's wellness program and at the University of Wisconsin-Eau Claire's wellness program. She is co-chair of the HERO Workplace Health and Well-being Awards committee. Bridget earned a bachelor's degree of physical education and corporate exercise management from University of Wisconsin-Eau Claire.

## **Janis Davis-Street, MS, MA, EdD, CHES** Chevron



Janis Davis-Street, MS, MA, EdD, CHES, manages the Global Public Health and Special Projects group of Chevron's Health & Medical department. This group manages public health programs for the workforce and communities where they operate, provides health education and preventive programs in support of Chevron's culture of health and safety, and uses epidemiological tools to evaluate health issues and managed Chevron's global wellness portfolio from 2009- 2020. Prior to Chevron, Janis spent 15+ years as a nutritionist at NASA. Her interests include human performance, organizational learning, health disparities, workforce well-being, education outreach, and the prevention of chronic diseases. She has co-authored a middle school textbook – *Space Nutrition* – and several publications on corporate wellness, nutrition, and spaceflight. Janis' qualifications include a doctorate in health education and master's degrees in nutrition and organizational leadership. She is credentialed as a certified health education specialist, holds a certificate in public health informatics. She currently serves on the HERO Board of Directors.

## **Laura Linnan, ScD** University of North Carolina (UNC)



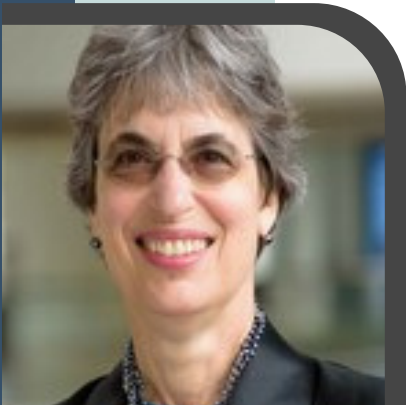
Laura Linnan, ScD, is the Senior Associate Dean of Academic & Student Affairs at the UNC Gillings School of Global Public Health and is a professor for the Department of Health Behavior. She is also the PI of the Carolina Center for Excellence in *Total Worker Health*® and Well-Being. In her 23 years at UNC, she has served as the Founding Director of the Carolina Collaborative for Research on Work and Health and PI of the Coordinating Center for the CDC-funded Workplace Health Research Network. Laura has been PI of more than 40 successful NIH-funded community-based intervention or evaluation trials with the majority focused on some aspect of workplace safety and health. Laura led a national team of experts to develop, administer, and analyze/publish results of two CDC-funded national employer surveys in 2008 and 2016. She directs the nine-credit graduate certificate program in *Total Worker Health*® offered at the UNC Gillings School of Global Public Health.



## **Diane Rohlman, PhD**

University of Iowa

Diane Rohlman, PhD, is the Associate Dean for Research in the University of Iowa's College of Public Health, and is also a professor in the Department of Occupational & Environmental Health where she holds the Endowed Chair in Rural Health and Safety. She is also the Director of the University of Iowa's Healthier Workforce Center. Her research focuses on the health effects of occupational and environmental exposures, with emphasis on the increased workplace risks faced by younger employees. Her studies have examined agricultural workers in the United States and around the world, including research on the effects of pesticide exposure on adolescents and their developing nervous systems. She also has studied how lifestyle factors and mental health can impact safety on the job, as well as the effect of interventions directed toward supervisors and workplace policies. Diane received her master's and doctorate in experimental psychology from Bowling Green State University in Ohio.



## **Laura Punnett, ScD**

University of Massachusetts Lowell

Laura Punnett, ScD, is a professor of occupational ergonomics and epidemiology at the University of Massachusetts Lowell. She is Co-Director of the Center for the Promotion of Health in the New England Workplace (CPH-NEW), one of the first two Centers of Excellence in *Total Worker Health*® (TWH), funded by the National Institute for Occupational Safety and Health since 2006. Her research career began with a focus on work-related musculoskeletal disorders. Her research expanded to include methods for assessing physical and psychosocial stressors in the work environment, the role of working conditions in socioeconomic disparities and gender differences in health, and the effectiveness of workplace intervention programs for worker safety and health. Her team has focused especially on developing a definition and scientific justification of TWH that emphasizes the design, implementation and evaluation of participatory workplace interventions. Laura holds a Doctorate of Science from the Harvard T.H. Chan School of Public Health.



## **Jack Dennerlein, PhD**

Harvard T.H. Chan School of Public Health |  
Northeastern University

Jack Dennerlein, PhD, is a professor at Northeastern University in the Bouvé College of Health Sciences and adjunct professor of ergonomics and safety at the Harvard T.H. Chan School of Public Health. He is also the Associate Director for the Center for Work, Health, and Wellbeing at the Harvard Chan School, one of ten National Institute for Occupational Safety and Health Centers of Excellence for *Total Worker Health*®. Jack's research in public health takes a systems approach to understand and prevent work-related injuries and improve worker health and well-being. He holds degrees from the State University of New York at Buffalo, the Massachusetts Institute of Technology, and the University of California, Berkeley.



## **Nico Pronk, PhD, MA, FACSM, FAWHP** HealthPartners

Nico Pronk, PhD, MA, FACSM, FAWHP, is the President of the HealthPartners Institute and Chief Science Officer at HealthPartners, Inc. He holds faculty appointments as an affiliate full professor of health policy and management at the University of Minnesota School of Public Health and as visiting scientist of social and behavioral sciences at the Harvard T.H. Chan School of Public Health. Nico was confirmed by the White House to serve as co-chair of the US Secretary of Health and Human Services Advisory Committee on National Health Promotion and Disease Prevention Objectives for the year 2030 (aka "Healthy People 2030"). He serves on the HERO Board of Directors and is the founding and past president of the International Association for Worksite Health Promotion. Nico received his doctorate degree in exercise physiology at Texas A&M University and completed his post-doctoral studies in behavioral medicine at the University of Pittsburgh Medical Center at the Western Psychiatric Institute and Clinic.

## **Matt Buman, PhD**

Arizona State University (ASU)



Matt Buman, PhD, is a professor and Director of Precision Health Research Initiatives in the College of Health Solutions at Arizona State University. Matt has 10+ years of designing, implementing, and evaluating workplace interventions to reduce sitting time and increase physical activity. Along with his research team at ASU and the University of Minnesota, Matt has developed the *Stand & Move at Work™* intervention to reduce workplace sitting. He served as a scientific consultant to the 2018 US Health and Human Services Physical Activity Guidelines Advisory Council and was a member of the World Health Organization's 2020 Guideline Development Group for physical activity and sedentary behavior in youth, adults, and older adults. Matt received his PhD from the University of Florida where he was trained in kinesiology, health psychology, and public health. He completed a postdoctoral fellowship in preventive medicine from the Stanford Prevention Research Center in the Stanford School of Medicine.

## **Krista Leonard-Corzo, PhD**

Arizona State University (ASU)



Krista S. Leonard-Corzo is a postdoctoral fellow in the College of Health Solutions at Arizona State University and is a behavioral scientist by training with expertise in behavioral interventions and health promotion. Her research interests include understanding the complex interrelationships of 24-hour behaviors (i.e., physical activity, sedentary behaviors, sleep) and how these behaviors can be leveraged for health promotion. Krista has experience in the development, optimization, and implementation of evidence-based behavioral interventions to regulate weight, prevent chronic disease risk, and improve mental health. She also has experience in leveraging the use of mobile health tools to both measure and intervene upon 24-hour behaviors in an effort to facilitate healthy behavior change for physical and mental health promotion.



## **Brita Roy, MD, MPH, MHS**

New York University Langone Hospital

Brita Roy, MD, MPH, MHS, is associate professor of population health, health equity, and the division of general internal medicine at the New York University Grossman School of Medicine. She also serves as the Director of Community Health and Clinical Outcomes for Beyond Bridges. She co-leads the Yale-Gallup Well-being Research Team and previously co-led the Institute for Healthcare Improvement's (IHI) 100 Million Healthier Lives measurement team and served as lead faculty for the IHI Pathways to Population Health Action Community. Brita also cares for patients and teaches medical students and residents as an academic hospitalist. She received a bachelor's in engineering from Vanderbilt University, followed by a master's in engineering from Wayne State University. She then completed a combined MD/MPH at the University of Michigan before completing a residency and a chief residency in internal medicine at the University of Alabama at Birmingham. Brita was a Robert Wood Johnson Foundation Clinical Scholar at Yale University.



## **Carley Riley, MD**

Cincinnati Children's Hospital

Carley Riley, MD, MPP, MHS, is an associate professor in pediatrics at University of Cincinnati College of Medicine and an attending physician in critical care and faculty co-lead of population and community health at Cincinnati Children's Hospital. She co-leads the "All Children Thrive Learning Network Cincinnati," the Yale-Gallup Well-being Research Team, and serves as faculty for the Center for Quality Improvement & Innovation and Institute of Healthcare Improvement's initiative to improve the quality of life of people with HIV. Carley enjoys caring for patients and teaching as a pediatric ICU physician. She received a Bachelor of Arts in English literature and a doctorate from Northwestern University, a Master of Public Policy from UCLA, and a Master of Health Science from Yale University. She completed her residencies at Children's Hospital Los Angeles and a fellowship at Cincinnati Children's Hospital. Carley was a Robert Wood Johnson Foundation Clinical Scholar and is currently a fellow with The Nova Institute for Health.

## **Marianne Baernholdt, PhD, RN, MPH**

University of Virginia



Marianne Baernholdt, PhD, MPH, RN, FAAN, is the Dean and the Sadie Heath Cabaniss Professor of Nursing at University of Virginia School of Nursing. Her work focuses on the multilevel factors that influence the work environment, clinician well-being, patient, and organizational outcomes. Marianne was the founding director of UNC Chapel Hill's PAHO/WHO Collaborating Center in Quality and Safety Education in Nursing and Midwifery and of VCU School of Nursing's Langston Center for Quality, Safety, and Innovation. During her first tenure at UVA School of Nursing (2005-2014), she directed the Rural and Global Healthcare Center and led its global initiatives. She is a former US representative for the International Council of Nurses' steering group for rural and remote nurses who earned degrees from the University of Pennsylvania, Columbia, Pace, and the Bispebjerg School of Nursing (Denmark).

## **Chia-Chia Chang, MBA, MPH**

NIOSH, Centers for Disease Control and Prevention



Chia-Chia Chang, MPH, MBA, is a public health analyst for the National Institute for Occupational Safety and Health (NIOSH) in the United States Centers for Disease Control and Prevention (CDC). She is the Coordinator for Collaborations and New Opportunity Development in the Office of *Total Worker Health*® and a Coordinator of the Healthy Work Design and Well-Being Cross-Sector program. She was the project officer for the development of a framework for worker well-being and the NIOSH Worker Well-being Questionnaire (WellBQ). She leads collaborations to share research and identify promising practices for advancing worker safety, health, and well-being. She participates in two National Academies Action Collaboratives (Business Engagement in Building Healthy Communities; Clinician Well-Being). Chia-Chia launched the NIOSH *Total Worker Health*® Affiliates program, a network of nonprofit and governmental organizations committed to research and implementation related to a *Total Worker Health*® approach.

## **Mary Freire de Carvalho, MPH, PhD**

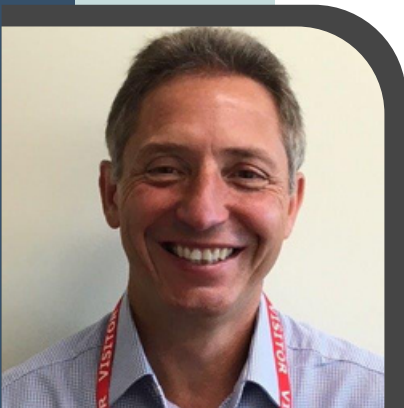
Shell Oil



Mary Freire de Carvalho, MPH, PhD, is an epidemiologist with the Insights and Performance Group within Shell Health Programs Development. Prior to joining Shell in 2019, she worked with the Pan American Health Organization in Rio de Janeiro, Brazil, and as a Biostatistician for the Space Medicine Group at NASA. At Shell, she is the epidemiologist for Worker Health Protection (WHP), covering a wide scope from chemical and physical occupational exposures to workforce mental health and well-being. Mary holds a Bachelor of Arts in health sciences from Kalamazoo College, and a Master's and Doctorate of Public Health in epidemiology from the University of Michigan.

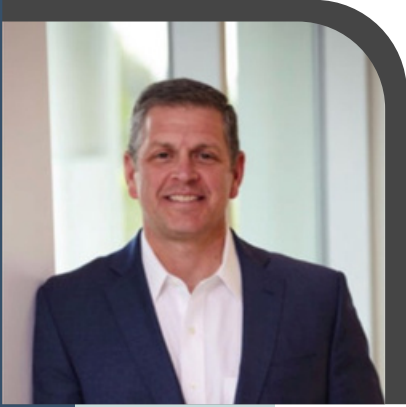
## **Richard Bruno, MA**

AVANGRID, Inc.



Rick Bruno, MA, is the Director of Health and Well-being at AVANGRID Inc. He joined AVANGRID in 2018 and developed and executed the launch of their national well-being program and led the organization's health and safety response to the COVID-19 pandemic. Rick's responsibilities also include workers' compensation, health compliance and industrial hygiene functions, and the employee assistance program. His expertise includes benefits programming, absence management, ergonomics, on-site fitness, physical therapy, and medical clinics. Earlier in his career, at Pfizer Inc., Rick was a two-time winner of the C. Everett Koop National Health Award (1999 and 2010), which recognizes outstanding worksite health promotion and improvement programs. He has also served as an adjunct professor at Long Island University in the Exercise Science department. Rick received a Bachelor of Science in exercise science from SUNY Cortland and a Master of Science in exercise physiology from Queens College.





## David LaBelle

Senior Environmental, Health, Safety & Sustainability Consultant

David LaBelle is a senior environmental, health, safety & sustainability consultant. Previously, he was the Chief Administrative Officer at AVANGRID, overseeing key employee enablement functions for the organization, including procurement, corporate security, insurance, facilities, and fleet management. He also served as the Vice President of Environmental, Health, Safety and Technical Training at AVANGRID, where he led a health and safety culture change based on a learning and improving model through human and organizational performance, resulting in improved employee engagement and a focus on system weaknesses and controls. Dave initiated the first structured employee health and well-being department integrated with safety, developing programs for all employees focused on mental, physical, emotional, and financial health. Additionally, Dave drove implementation of the first early intervention and ergonomics programs tailored specifically for field personnel to reduce risk of injury. Dave holds a bachelor's degree in civil engineering from the University of Massachusetts at Amherst.