



HERO FORUM²⁰²³

Doing Well by Doing Good:
How Responsible Organizations are
Addressing Societal Challenges

Hot Off the Press: Putting Cutting-Edge Health and Well-Being Research into Practice - Laurie Whitsel, Dundon

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In keeping with the long-standing tradition at HERO Forum, we gather some of our profession's top researchers and practitioners each year to discuss new and ongoing studies that they consider most relevant and responsive to workforce well-being. With the main objective of continuous improvement for our profession, this panel reviews well-executed and influential studies from recent years; explores the strengths and unique contributions of the research; and discusses how these new study findings should be informing your approach to planning, executing, and evaluating your organization's health and well-being initiatives.

Learning Objectives

After completing this session, participants will be able to:

1. Name three recent studies that offer findings that can inform best practices in worksite health promotion.
2. Discuss how a recent study can influence the planning process or strategic direction of a workplace well-being initiative.
3. Explain how recent research findings can inform the evaluation of worksite health promotion initiatives.
4. Describe how recent research can influence policies related to workforce well-being.

1.5 CEU (ADV)

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