



2024 Fall Think Tank

***Lifestyle, Environmental, and Pharmacological Interventions for Obesity:
How Employers Can Strike the Right Balance with GLP-1s***

Monday, October 7, 2024 | 9:00 AM – 1:30 PM ET | Think Tank Lunch Included

Renaissance Baltimore Harborplace Hotel, Baltimore, MD

A HERO Members-Only Event | 3 ADV CHES/MCHES Credits Available

- 9:00 AM ET **WELCOME**
Karen Moseley, President and CEO, HERO
Sara Johnson, PhD, Senior Research Fellow, HERO; Co-President & CEO,
Pro-Change Behavior Solutions, Inc.
- 9:05 AM ET **KEYNOTE**
Jonathan Bonnet, MD, MPH, Clinical Associate Professor (Affiliated), Stanford
University School of Medicine; Program Director of Medical Weight Loss Clinical
Resource Hub Weight Management Center, Palo Alto Veterans Affairs
- 9:55 AM ET **How Employers are Combining Lifestyle as Medicine and Pharmacological Intervention**
Mary Delaney, MSPT, CWP, Managing Partner, Vital Incite
Denise Murphy, Assistant Vice President - Total Rewards, University of Notre Dame
Martha Shepherd, DO, MPH, FAAFP, Associate Professor of Clinical Medicine and
Pediatrics, Vanderbilt University Medical Center; Medical Director, Vanderbilt Health
at Metro Nashville Public Schools
David Hines, Executive Director, Benefits, Metro Nashville Public Schools
- 10:40 AM ET **Break**
- 11:00 AM ET **Think Tank Group Work**
- 11:20 AM ET **Advancing Equity in Lifestyle as Medicine Solutions and Pharmacological Interventions**
Brandi Hodor, Senior Analytic Advisor, Merative
David Eisenberg, MD, Director of Culinary Nutrition, Adjunct Associate Professor,
Department of Nutrition, Harvard T.H. Chan School of Public Health
- 12:00 PM ET **Think Tank Group Work**
- 12:20 PM ET **Adjourn**
Sara Johnson, PhD, Senior Research Fellow, HERO; Co-President & CEO,
Pro-Change Behavior Solutions, Inc.
- 12:30 PM ET **Think Tank Lunch**