



Healthcare Summit 2024

SPEAKER BIOS

Healthcare Summit
Committee Co-Chair



Ryan Sledge, MBA, MPH

HCA Healthcare

Ryan Sledge, MBA, MPH, is the Vice President of Workforce Health & Safety at HCA Healthcare. Ryan partners across teams—both clinical and non-clinical including human resources, infection prevention, HCI, and performance improvement—to ensure caregivers receive great care so that they can focus their passion and energy on providing great care. In his previous role as Director of Worksite Operations and Product Development for OhioHealth, he was responsible for creating a sustainable culture of health for OhioHealth’s 29,000 employees, as well as the employers served by the program in the Columbus region. Ryan is Vice Chair on the HERO Board of Directors and also serves as co-chair of the HERO Healthcare Summit Planning Committee. Ryan’s academic background includes a BS in exercise science, an MPH degree from Michigan State University, and an MBA degree from the University of Michigan.

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Stephen Doyle, MS, MBA

WorkPartners

Stephen Doyle, MS, MBA, is the Associate Vice President of Advocacy Services at Workpartners, part of the UPMC Insurance Services Division. He provides leadership to Workpartners’ employer-facing population health services including: EAP, Health & Well-being, Clinical Decision Support and Onsite Health Services. Since joining the organization in 2005, he has led the Workpartners team to several regional and national awards in health and well-being, including multiple recognitions from the Business Group on Health, American Heart Association and the Healthiest Employers of Philadelphia and Western PA.

Stephen is the Healthcare Summit committee co-chair, an active member, and published researcher with the Health Enhancement Research Organization (HERO) and is a certified member of the American College of Sports Medicine (ACSM). He earned a Bachelor of Science degree from Huntington University, a Master of Science degree in exercise physiology and health promotion from California University of Pennsylvania, and an MBA from Waynesburg University.



Amy Upp, MS, DrPH(c)

OhioHealth Employer Solutions

Amy Upp, MS, DrPH (c), serves as the Senior Advisor, Customer Strategy for OhioHealth Employer Solutions. The division partners with over 6000 customers through onsite clinics, occupational medicine, fitness and wellness programming, and other retail and clinical services. Amy has over 20 years of professional experience in health and well-being including leadership in medically based fitness centers, corporate fitness and wellness operations, and leading multidisciplinary teams. In her current role, Amy works with employer partners to identify strategic goals to drive their well-being efforts using a variety of tools and operational services, including the HERO Health and Well-Being Best Practices Scorecard in Collaboration with Mercer® as a Preferred Provider. In addition to her role at OhioHealth, Amy has served as an Adjunct Professor at Otterbein University. Amy has degrees from Ball State University and Indiana University and is currently pursuing a Doctorate in Public Health through Capella University.



Bailey Schmitt, MBA

Emory Healthcare

Bailey Schmitt, MBA, joined Emory Healthcare in 2018 as an Administrative Fellow and currently serves as Director of Operations at Emory Saint Joseph's Hospital (ESJH). In her current role, Bailey oversees hospital operations of Rehab Services, Biomedical Engineering, Radiology, and Oncology Services. She also serves as site lead for the Kaiser Permanente Partnership, co-leads the Emory Healthcare system and ESJH local Workplace Violence Prevention Councils, and serves as administrative lead for ESJH length of stay reduction efforts. Bailey's previous responsibilities included implementation of robotic bronchoscopy equipment and associated thoracic service line development, construction and integration of two cardiac catheterization labs, three CT scanners, renovation of cardiothoracic OR suite, coordination of both system and local COVID-19 vaccine clinics, and management of the Emory Healthcare summer intern program. Bailey has a Bachelor of Chemical Engineering and a Master of Business Administration from The University of Alabama.



Bruce Sherman, MD, FCCP, FACOEM

Department of Public Health Education at UNC-Greensboro

Bruce Sherman, MD, FCCP, FACOEM, is a workforce health and well-being consultant to employers, focused on optimizing investments in equitable workforce health and well-being. He is an adjunct professor in the Department of Public Health Education at UNC – Greensboro, and he serves as medical director for the NC Business Coalition on Health where he provides clinical support. He is also a member of the clinical faculty at Case Western Reserve University School of Medicine.

Bruce has served as the consulting corporate medical director for Wal-Mart, Whirlpool, and Goodyear, and he has published numerous peer-reviewed articles and book chapters on topics related to workforce health. His research activities include race and socioeconomic disparities and inequities in healthcare services use, equitable employer health benefits strategies, and the business value of investments in workforce health. Bruce received his MD from NYU, his MA from Harvard, and his ScB from Brown.

Cindy Ballog, MPH, CHES

Medical Mutual



Cindy Ballog, MPH, CHES, is the Manager of Health Promotion and Wellness at Medical Mutual. She has been with Medical Mutual for 21 years, serving specifically in the wellness and population health field for the past 17 years. Her current role leads a team of wellness program managers that consult and implement wellness programs with employer groups. She also works collaboratively with vendor partners to design health programs that integrate within a total population health model. Cindy helps Medical Mutual and their customers by valuing the importance of health and making it a priority. Cindy obtained her Master of Public Health from the University of Akron, and is also a Certified Health Education Specialist.

Elizabeth Sparks, MSN, RN, NE-BC

Vanderbilt University Medical Center



Elizabeth Sparks, MSN, RN, NE-BC, is the Senior Director of the Vanderbilt Walk-In Clinics and Walgreens Retail Health Clinics. She has been with Vanderbilt for 12 years, in her current role for the last 4.5 years, and actively working in workplace violence prevention and response since 2016. Elizabeth has been the co-chair of the Ambulatory Workplace Violence Prevention Committee since 2021. She has also co-chaired the American Academy of Ambulatory Care Nurses (AAACN) Workforce Safety Taskforce, where they recently created and published a toolkit to address workplace violence in the ambulatory setting. Elizabeth is hopeful that by collaborating with other healthcare leaders on tactics and tools for staff and leaders, they can create a stronger response to these events and therefore a change in the staff's perception of their safety while at work.

Gregory Guldner, MD, MS, FACEP

HCA Healthcare Graduate Medical Education



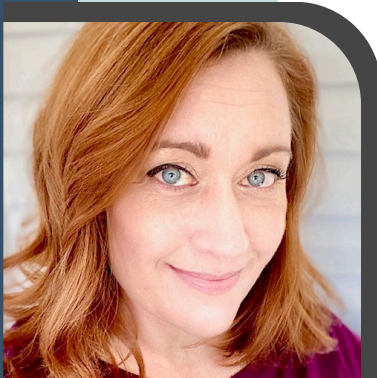
Gregory Guldner, MD, MS, FACEP, serves as the Vice President for Academic Affairs for HCA Healthcare Graduate Medical Education. He holds the title of Clinical Professor of Emergency Medicine at the University of California Riverside School of Medicine. Greg practiced emergency medicine for 25 years in both academic and community settings and has 25 years in the Army Medical Corps (reserve) including combat deployments to both Iraq and Afghanistan. His research focus involves developing evidence-based systemic, individual, and leadership interventions to improve resident physician well-being. He studies well-being with the HCA/Claremont Graduate University Physician Well-Being Research Lab and the psychologists at Immersyve Health. Prior to earning his medical degree at Stanford University, Greg completed a master's degree in clinical psychology at Purdue University and undergraduate degrees in philosophy and psychology from Colorado State University.



Jay Morrison, MSN, RN, CPPS

Vanderbilt University Medical Center

Jay Morrison MSN, RN, CPPS, is the Director of Nursing Practice for Vanderbilt University Hospital (VUH), where he focuses on supporting nurses to perform at the top of their license while having the appropriate support to manage the complexity of the patients served by VUH. Previously, in his role at Vanderbilt University Medical Center's Quality Department (VUMC), Jay was integral in the development and management of the Adult Hospital's Performance Management and Improvement (PM&I) infrastructure for continuous improvement and transparent communications. He also served on the initial steering committee for the development of the Workplace Violence (WPV) resources supporting VUMC staff as well as defining expectations for all who are cared for or visit VUMC. Jay has been a Registered Nurse at Vanderbilt University Medical Center (VUMC) for over 27 years, and is a graduate of the Health System Management master's degree program from Vanderbilt University (VU) School of Nursing.



Kristi McClure, MSN, RN

OhioHealth

Kristi McClure, MSN, RN, is Senior Advisor, Well-Being at OhioHealth. She is a nurse with over 25 years of experience in healthcare, practicing primarily in the women's health, education, and quality fields. She has seen firsthand the impact that burnout and distress can have on the health professional workforce and the patients they care for. In her current role, Kristi oversees OhioHealth's well-being strategy team, which partners with diverse departments across the organization to coordinate and lateralize system-level programs and resources that address the organizational drivers of burnout while focusing on individual and team-specific needs. Kristi holds a Bachelor of Science in nursing from The Ohio State University and a Master of Science in nursing education from Walden University. She would like to remind everyone that "in the event of a loss of cabin pressure, please apply your own oxygen mask before assisting others."

Sharon Weinstein, MS, CRNI-R® FACW, FAAN, CVP, CSP®

SMW Group LLC



Sharon Weinstein, MS, CRNI-R®, FACW, FAAN, CVP, CSP®, is the CEO of SMW Group LLC. Sharon works with high-stress industries such as healthcare, hospitality, and human capital to create a strong workforce, boost workplace engagement, and ensure staff well-being. A Diagnostic Design Thinking Group facilitator, Sharon holds adjunct faculty positions at the University of Illinois, Chicago, and Purdue Global University. She manages the ANA's Innovation Community Group, is a Carelix Clinical Advisory Board member, and a Sharecare Awards Judge. She previously directed Premier Inc.'s Office of International Affairs. With 24 books and 167 peer-reviewed manuscripts, she has influenced healthcare, addressing incivility, retention, engagement, and Design Thinking. A Certified Speaking Professional (CSP), she serves on the Global Speakers Federation's Equivalence Council. Sharon holds nursing, behavioral science, and healthcare administration degrees, is a Kellogg Executive Management Program graduate, and is a Frist Humanitarian Award (HCA) recipient.