



## 2025 Spring Think Tank

*A virtual, members-only convening*

***AI and Employee Mental Health:  
Promises and Perils for Employer Sponsored Health and Well-being Initiatives***

**Wednesday, June 4th, 2025**

**11:00 AM – 5:00 PM ET**

- 11:00 AM ET **WELCOME**  
**Karen Moseley**, President and CEO, HERO  
**Paul Terry, PhD**, Senior Fellow, HERO
- 11:15 AM ET **AI - Mental Health is Coming. Are you Ready?**  
**Thomas Rutledge, PhD**, Staff Psychologist, VA San Diego Healthcare System  
Professor of Psychiatry, UC San Diego Rutledge
- 11:45 AM ET **How Algorithms can Control You**  
**Russell Fulmer, PhD, LPC**, Professor and director of Graduate Counseling Programs, Husson University
- 12:15 PM ET **Think Tank Group Work**
- 12:45 PM ET **Validating New Modalities of Care**  
**Thomas Hull, PhD**, Chief Clinical Officer, HERO Journey Club (Not affiliated with Health Enhancement Research Organization (HERO)), Adjunct Professor, Columbia University.
- 1:00 PM ET **BREAK**
- 1:30 PM ET **Public/Private Partnering in AI R&D: Opportunities for Employers**  
**Kate Wolin, PhD**, Principal Owner, Circea, Adjunct Professor of Entrepreneurship, Northwestern University - Kellogg School of Management  
**Geoff Swindle**, Headlight  
**David Cooper, PsyD**, APA's AI Committee  
**Nikole Benders-Hadi, MD**, Chief Medical Officer, Talkspace

2:30 PM ET **Think Tank Group Work**

3:00 PM ET **Panel: Research and Development in Culture, Behavior Change and Burnout using AI**

**Moderator: Karen Moseley**, President and CEO, HERO

**Jonathan Bricker, PhD**, Professor & Director, Behavioral Innovations in Technology Lab (HABIT) Cancer Prevention Program, Division of Public Health Sciences, Fred Hutchinson Cancer Center, Affiliate Professor, Department of Psychology, University of Washington, “Quitbot”

**Ross Arena, PhD, PT**, Professor and Head, Department of Physical Therapy, UIC College of Applied Health Sciences (Culture and AI)

**Natalie Papini, PhD**, Assistant Professor- Fitness Wellness, Interdisciplinary Health, Northern Arizona University College of Health & Human Services

4:00 PM ET **BREAK**

4:15 PM ET **The Role of Health Professional Associations and Partnerships in AI Development and Quality Assurance**

**Paul Terry, PhD, Senior Fellow, HERO**

**Esther Bleicher**, General Counsel and Chief Compliance Officer, Helloheart and Regulatory Committee Chair, Alliance for Artificial Intelligence in Healthcare

5:00 PM ET **ADJOURN**