



Healthcare Summit 2025

SPEAKER BIOS

Program Director



Amy Upp, DrPH, MS

OhioHealth

Amy Upp, DrPH, MS is the Senior Advisor, Customer Strategy for OhioHealth Employer Solutions. With over 20 years of experience in health and well-being, she has held leadership positions in various areas, including medically based fitness centers, corporate fitness and wellness operations, and multidisciplinary teams. In her current role, Amy works with employers to develop strategic well-being plans, utilizing tools and services such as the HERO Health and Well-Being Scorecard. She has also served as an Adjunct Professor at Otterbein University. Amy is currently pursuing a Doctorate in Public Health.

Program Director



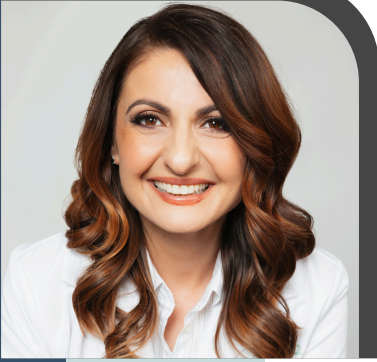
Ryan Sledge, MBA, MPH

HCA Healthcare

Ryan Sledge, MBA, MPH, is the Vice President of Workforce Health & Safety at HCA Healthcare. Ryan partners across teams—both clinical and non-clinical including human resources, infection prevention, HCI, and performance improvement—to ensure caregivers receive great care so that they can focus their passion and energy on providing great care. In his previous role as Director of Worksite Operations and Product Development for OhioHealth, he was for creating a sustainable culture of health for OhioHealth's 29,000 employees, as well as the employers served by the program in the Columbus region. Ryan is Treasurer on the HERO Board of Directors and also serves as co-chair of the HERO Healthcare Summit Planning Committee. Ryan's academic background includes a BS in exercise science, an MPH degree from Michigan State University, and an MBA degree from the University of Michigan.

Sara Aghamohammadi

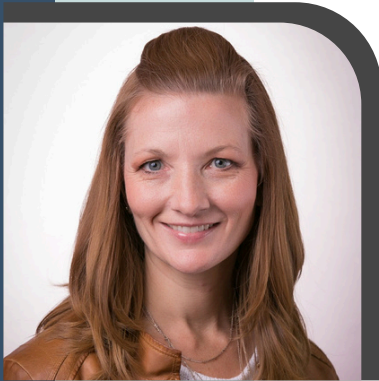
UC Davis Health



Dr. Aghamohammadi practices Pediatric Critical Care Medicine at UC Davis Health in Sacramento, CA. She has been passionate about Clinician Health and Well-being since her residency training and was appointed Chief Wellness Officer (CWO) of UC Davis Health in July 2022. As CWO, Dr. Aghamohammadi leads and directs wellness and well-being programs and initiatives for the medical staff and the health system. She collaborates with health system leaders to identify, develop, operationalize, and implement strategies and initiatives that target improvement in our culture of wellness, the efficiency of practice, and personal resilience. Outside of her professional life, she is a performer, instructor, and Board Chairperson of the Sacramento Comedy Spot, a non-profit comedy theater and Northern California's largest comedy school.

Carrie Beshears

City and County of San Francisco - Health Service Center



Carrie Beshears is an accomplished health and wellness leader with more than 27 years of experience advancing workplace well-being and organizational health. She currently serves as a Well-Being Manager with the City and County of San Francisco's Health Service System, where she leads the citywide well-being initiatives that strengthen employee engagement, resilience, and community. In this role, she oversees strategic planning, program implementation, vendor contracts and partnerships, budget, and data-driven evaluation to improve workforce well-being.

Carrie is recognized for her ability to bring department stakeholders together and design impactful solutions that help individuals and teams thrive. With a strong commitment to excellence and innovation, she continues to champion practices that create healthier, more supportive, and more effective workplaces.

Carrie's career includes senior leadership roles in the corporate well-being sector, supporting organizations in the financial, software, medical, pharmaceutical and communication industries. She has also managed return to work programs, multi-site operations including corporate fitness centers, client relationships, and financial performance across large regions.

William O. Cooper, MD, MPH

Vanderbilt Health Center for Patient and Professional Advocacy



William O. Cooper, MD, MPH is a practicing physician, researcher, teacher, and administrator. He has led Vanderbilt University School of Medicine programs, including the Vanderbilt Health Center for Patient and Professional Advocacy (CPPA), the Master of Public Health Program and the Pediatrics Office for Faculty Development. He is an internationally recognized expert in medication safety in children and has published over 160 scholarly articles to date. Dr. Cooper oversees Vanderbilt University Medical Center's professionalism programs for physicians, advanced practice professionals, and nursing professionals, and provides leadership and direction for the Vanderbilt Health Center for Patient and Professional Advocacy, which supports a national professional accountability collaborative of 200+ hospitals throughout the United States and in Australia, with research, education, and professional accountability programs

Rayne Soriano, PhD, RN, NE-BC

Kaiser Permanente Scholars Academy



With over 28 years at Kaiser Permanente, **Rayne Soriano** is a nationally recognized nursing leader in education, informatics, professional practice, and leadership development. As Regional Director of Professional Excellence for the Caring Science Academy and KP Scholars Academy, he advances initiatives in professional practice, academic progression, research, evidence-based programs, and leadership education—fostering environments where civility, psychological safety, and human connection thrive.

A former Hawaii Regional Director of Operations and Nursing Professional Practice, Rayne has led large-scale system initiatives that elevated teamwork, improved patient outcomes, and strengthened workplace culture. His experience spans clinical operations, Medicare programs, emergency nursing, and enterprise-wide technology implementation.

A Caritas Coach®, KP CCEP Caritas Faculty Member, and Certified HeartMath® Instructor, Rayne integrates Caring Science principles to cultivate respect, trust, and compassionate leadership in healthcare settings. As President of the American Organization of Nurse Leaders in Hawaii, he champions policies and practices that promote civility, equity, and mental well-being for healthcare professionals.

Rayne is a sought-after speaker on topics such as psychological safety, civility in healthcare, and the power of listening as a leadership intervention. He teaches in the Master's and DNP programs at the University of San Francisco and Chamberlain University. In 2025, he was honored with the DAISY Faculty Award for his impact as an educator and mentor.

David A. Hurtado, SD, SM

Oregon Institute of Occupational Health Sciences, OHSU



David A. Hurtado, Sc.D, SM, is an Associate Professor at the Oregon Institute of Occupational Health Sciences within Oregon Health & Science University. Dr Hurtado leads workplace interventions to improve healthcare worker health, safety, and well-being. He designs and evaluates semi-structured interventions—flexible yet guided practices that can be adapted to real-world clinical environments, such as leadership “Check-ins” between supervisors and staff—to reduce burnout, improve supervisor support, and strengthen values alignment. His research, focused on healthcare settings, is funded by AHRQ and NIOSH and has received national recognition for its applied impact. Dr. Hurtado earned graduate degrees from the Harvard T.H. Chan School of Public Health and has authored over 40 peer-reviewed publications.

Angelica Ortega Lewis, MS Eng, PMP

UC Davis Health



Angelica Lewis is the IT Executive Director for Financial and Administrative Applications at UC Davis Health in Sacramento, CA. She excels at assessing new technologies for their practicality, scalability, and ability to support organizational goals. Angelica incorporates her relationship-based care learnings to lead a dynamic team of technical professionals with their wellbeing at the forefront. With a master’s degree in engineering and certified as a Project Management Professional (PMP), Angelica’s career is a testament to the power of vision, expertise, and continuous adaptation in a rapidly evolving field.