2026 CMO Summit

Lifestyle Medicine as a Strategic Lever for Better Brain Health: A Chief Medical Officer Summit

November 8, 2026 from 12:00 PM EDT to 4:00 PM EDT Orlando, FL

All sessions will take place in room Suwanee 21.

With support from:

Time	Speaker
12:00 pm	Welcome & Introduction
12:10 pm	**Brain Capital: A Foundation for Workplace Prosperity** Kana Enomoto, *Director of Brain Health, McKinsey Health Institute*
12:40 pm	**Brain Health: The New Frontier of Human Potential** Sandra Bond Chapman, PhD, *Chief Director, Center for Brain Health, Dee Wyly Distinguished University Professor, Behavioral and Brain Sciences, University of Texas at Dallas*
1:10 pm	Lunch and Peer Discussions/Networking
2:10 pm	**Panel: Role of Employers in Promoting and Protecting Brain Health** Moderator: Ray Fabius, MD, *Co-Founder & President, HealthNEXT* Upali Nanda, *HKS - Global Lead, Research and Innovation* Krystal Sexton, PhD, *Founder and Principal, Cognitive Capital Group; Center for Brain Health* Jen Bickel, MD *Anderson Cancer Center, Chief Wellbeing Officer* Debbie Beck, EdD, *Healthcare Strategy/Planning Executive, Perkins & Will*
3:15 pm	**Special Topics & Tools for Protecting and Promoting Workforce Brain Health** **Impact of Migraine on the Workforce** Heather Sell, PharmD, *Pfizer*

	Tools to Support Efforts to Protect & Promote Workforce Brain Health Sara Johnson, PhD
3:40 pm	Peer Discussion: Key Take Aways & Next Steps

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements of the Accreditation Council for Continuing Medical Education through the joint providership of Ochsner Clinic Foundation and the Health Enhancement Research Organization. The Ochsner Clinic Foundation is accredited by the ACCME to provide continuing medical education for physicians.

Designation

The Ochsner Clinic Foundation designates this live activity for a maximum of 2.5 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.