



## HERO Research Agenda CV

Updated February 13, 2017

The HERO Research Agenda focuses on three strategic priorities including culture, sustainability, and performance. HERO members, committees, and workgroups develop and publish industry journal articles, reports, and peer-reviewed journal articles that address these strategic priorities.

### Culture

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Defining a Culture of Health: Key Elements that Influence Employee Health and Well-being. September 2016. Available on HERO website.

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Environmental Scan: Measuring a Culture of Health. June 2014. Available on HERO website.

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## Performance

HERO. Wearables in Wellness: Employer Case Studies on Use of Wearable Tracking Devices in Wellness Programs. February 2017. Available on HERO website.

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Wearables in Wellness: Employer Use of Wearable Tracking Devices in Wellness Programs-Executive Summary. June 2015. Available on HERO website

Wearables in Wellness: Employer Use of Wearable Tracking Devices in Wellness Programs-Full Final Report. June 2015. Available on HERO website

Exploring the Value Proposition for Workforce Health: Business Leader Attitudes about the Role of Health as a Driver of Productivity and Performance-Executive Summary Report with Case Studies. February 2015. Available on HERO website

Exploring the Value Proposition for Workforce Health: Business Leader Attitudes about the Role of Health as a Driver of Productivity and Performance-Full Final Report. February 2015. Available on HERO website.

Noeldner S. Industry Research Review: Helping Employees Internalize the Value of Health is Key to Health and Productivity Outcomes. February 2015. Available on HERO website

Goetzel RZ, Henke RM, Tabrizi M, Pelletier KR, Loeppke R, Ballard DW, Grossmeier J, Anderson DR, Yach D, Kelly RK, McCalister T, Serxner S, Selecky C, Shallenberger LG, Fries JF, Baase C, Isaac F, Crighton KA, Wald P, Shurney D. Do workplace health promotion (wellness) programs work? *Journal of Occupational and Environmental Medicine*. 2014; 56(9):927-934.

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## Sustainability

Terry PE, Harrington S, Baxter S. The well-being issue. *American Journal of Health Promotion*. 2016;30(3):TAHP1-TAHP12.

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## OTHER TOPICS

### Consensus Papers

ACOEM, ACE, AHA, Bravo Wellness, HERO, HealthFitness, HealthPartners, Healthways, Interactive Health, Johnson & Johnson Services Inc, Optum, Performance pH, Population Health Alliance, StayWell, Truven Health Analytics. Joint consensus statement: A response to proposed Equal Employment Opportunity Commission regulations on employer-sponsored health, safety, and well-being initiatives. *Journal of Occupational and Environmental Medicine*. 2016;58(3):e103-e110.

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Whitsel L. Do e-Cigarettes Have a Place at Work? *American City Business Journals*. May 7, 2015.

Pschock J. EEOC Recommendations and Outcomes-based Incentives. *Healthcare Consumerism Solutions*. March 2015.

Arena R, Arnett DK, Terry PE, Li S, Isaac F, Mosca L, Braun L, Roach WH Jr, Pate RR, Sanchez E, Carnethon M, Whitsel LP. [The role of worksite health screening](#): a policy statement from the American Heart Association. *Circulation*. doi: 10.1161/CIR.000000000000079. July, 2014.

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## **HERO Health and Well-being Best Practices Scorecard in Collaboration with Mercer**

HERO Health and Well-being Best Practices Scorecard in Collaboration with Mercer 2016 Progress Report. Available on HERO website.

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HERO EHM Best Practices Scorecard in collaboration with Mercer Annual Report 2012. Available on HERO website.

## **Measurement Standards**

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Grossmeier J. Evaluating wellness programs: Measuring the right things. *Benefits Magazine*. 2015;52(9):38-42.

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## Health Risks and Health Care Costs

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